

SUMMER 2016

BEDFORD

Connection

START SUMMER WITH A
SPLASH

SUMMER CHECKLIST

POOLS & SAFETY
WATER PARKS
CAMPS
ACTIVITIES



CITY MAGAZINE AND PARKS & RECREATION GUIDE



CITY OF
BEDFORD
Discover the Center



4th FEST

July 4 at the Boys Ranch Park

12:00p.m. - 7:00p.m.

Splash Aquatics Center - \$

Admission is \$6.50 for adults, \$5.50 for kids under 18, and free to children two years old and under

4:00p.m. - 11:00p.m.

Food Court - \$

4:00p.m. - 9:30p.m.

InflataFUN Area - \$

Inflatable activity area (\$15 wristband for all day pass or pay per activity)

4:00p.m. - 9:00p.m.

Children's Activity Area - FREE

Featuring a family friendly kid's activity area including crafts and games

5:00p.m. - 9:50p.m.

Live Musical Entertainment by Live 80

6:00p.m. - 8:00p.m.

D&D Rockin' Rods Car Show - FREE

6:30p.m.

Salute to our Soldiers - FREE

10:00p.m.

Fireworks Extravaganza - FREE

\$20 on-site parking (entrance via Eastbound Harwood Road)

\$15 parking at Bedford Public Library (2424 Forest Ridge Dr.)

BEDFORDTX.GOV or 817-952-2323

SAVE THE DATE

Bedford Blues & BBQ

LABOR DAY WEEKEND FESTIVAL

SEPTEMBER 2-4, 2016

NOW ACCEPTING APPLICATIONS FOR:

VOLUNTEERS * BBQ JUDGE CLASS * BBQ TEAMS * ARTISANS * EXHIBITORS

TICKETS ON SALE NOW

BEDFORDBLUESFEST.COM

SUMMER 2016

City Magazine & Recreation Guide



Important Websites

BedfordTX.gov Find out about the latest events & news pertaining to the City of Bedford

BedfordFUN.com Stay up to date with events & classes at the Boys Ranch Park & Activity Center & Splash Waterpark.

OldBedfordSchool.com For booking meeting spaces, weddings, birthdays & other events, use Old Bedford School as your destination location.

ShopBedfordFirst.com Keep it local & shop in your town. Businesses update their discounts and promotions on a regular basis. If you are a business, you can register for FREE!

Bedford Library.org See what new events are scheduled at the library for the entire family or just browse and search for books, including e-books and movies that interest you. You can also renew materials and see when your items are due.

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CITY OF
BEDFORD
Discover the Center



Important City Phone Numbers

Police & Fire Emergency
911

Police Non-Emergency
817.952.2127

Fire Non-Emergency
817.952.2500

City Hall
817.952.2100

Animal Control
817.952.2191

Boys Ranch Activity Center
817.952.2323

Parks & Recreation Hotline
817.952.2314

Water Billing & Birth Certificates
817.952.2112

Municipal Court
817.952.2150

Code Compliance
817.952.2640

Public Works
817.952.2200

Building Permits
817.952.2140



City Council

Standing Left to Right:

**Mayor Pro Tem Roger Fisher, Steve Farco,
Ray Champney, Rusty Sartor**

Sitting Left to Right:

**Dr. Roy Turner, Mayor Jim Griffin,
Dave Gebhart**

City Staff

Roger Gibson
City Manager
817.952.2109

Kelli Agan
Assistant City Manager
817.952.2106

Clifford Blackwell
Director of
Administrative Services
817.952.2174

Kenneth Overstreet
Interim Director
of Public Works
817.952.2220

Bobby Sewell
Interim, Fire Chief
817.952.2500

Gary Clopton
IT Manager
817.952.2113

Jill McAdams
Director of
Human Resources
817.952.2179

Jeff Gibson
Police Chief
817.952.2406

Bill Syblon
Director of Development
817.952.2175

Michael Wells
City Secretary
817.952.2104

Maria Redburn
Director of Library
817.952.2332

Meg Jakubik
Strategic
Services Manager
817.952.2117

BEDFORD

WHAT

BUZZ

IS GOING ON IN YOUR CITY



"Mosquitoes hate Marigolds, Lantana, Chrysanthemums, Rosemary, Mint, Catnip Herb, Lavender, Basil, & Garlic," Lavery explained.

the fight against **MOSQUITO** FLIGHT



These days Jerry Lavery's office phone is constantly ringing. Between the mild winter North Texas experienced and the recent news coverage regarding the Zika Virus, Lavery is a busy man.

Bedford Connection caught up with Jerry recently to talk Mosquitoes, West Nile, and steps that residents can take to keep safe in the warm months ahead.

Lavery is the City of Bedford's Environment Specialist and points out that mosquitoes have been around for more than 170 million years, and it's likely that the first mosquito killers were the slapping hands of prehistoric humans.

While primordial man might have found the common mosquito to be an annoying nuisance, today we understand that they can be quite dangerous, as they serve as vectors for several dangerous pathogens including West Nile and now Zika.

Lavery explains that there are about 160 species of mosquito in the United

States, and West Nile Virus has been identified in 65 of them. Mosquito species have strong preferences for which animals they feed upon, as well as day-versus-night and indoor-versus-outdoor feeding. Laverty added that mosquitoes are attracted to humans by biochemistry, and not by any particular physical characteristics. The two major chemicals produced by the body that seem to be the most attractive to mosquitoes are uric acid and cholesterol.

"People who naturally process either or both of these chemicals and excrete them through their skin will be more attractive as a mosquito meal than their neighbor," he said.

According to Laverty, mosquito abatement is best understood as a partnership between residents and local governmental entities, as each has a critical role to play in keeping our communities safe.

"There are steps that residents need to take to ensure that the mosquito population is kept under control. The first consideration is water," Laverty explained.

"A mere bottle cap of water is enough to allow for over 300 mosquito eggs, so it's important to identify any areas of standing water and remove them."

He says that uncapped fence poles, birdbaths, and even dog dishes serve as potential breeding grounds for mosquitoes. He advises Bedford residents to fully examine their backyards carefully. "It's amazing the things in your yard that will collect even the tiniest bit of water," he said.

There are also gardening solutions to help with the mosquito abatement process. "Mosquitoes hate Marigolds, Lantana, Chrysanthemums, Rosemary, Mint, Catnip Herb,

Lavender, Basil, and Garlic," Laverty explained. So adding these plants to a landscaping mix, can certainly help with the abatement process.

Jerry also pointed out that a healthy dose of common sense goes a long way towards avoiding illnesses associated with mosquito bites.

"For example, it's a good idea to wear long sleeves and proper attire to avoid bites," Laverty advised. Mosquito repellent that

the City of Bedford performs targeted spraying along creeks and other areas known to have infestations. Laverty's team even uses a special kayak to navigate into narrow tunnels to apply larvicide and other treatments to rid the community of mosquitoes.

"With regard to larvicide, it is one of the most proactive tools available to battle against mosquitoes," Jerry said. In particular, one larvicide product that the City of Bedford utilizes



"A mere bottle cap of water is enough to allow for over 300 mosquito eggs,..."

contains diethyltoluamide, more commonly known as DEET, is also a great way to protect against mosquito bites. He added that he has found many of the organic mosquito repellents on the market to be a good alternative for those who can't use DEET products.

In addition to the steps that residents can take to mitigate mosquito problems, the City of Bedford takes a very proactive approach to dealing with these annoying pests.

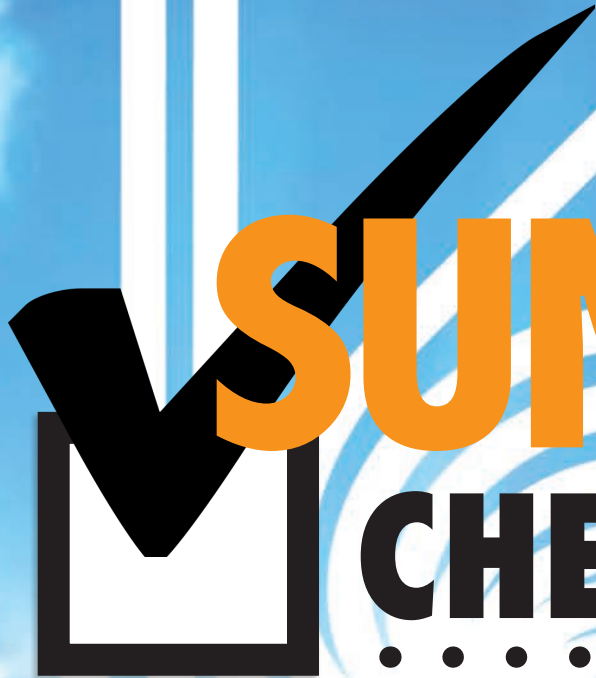
First, the City of Bedford partners with the Tarrant County Health Department to test mosquitoes caught in special traps that are managed throughout the city. The county tests samples for various pathogens and reports that information back to Laverty's team.

Based on the results of the tests,

applies a surface film to standing water that suffocates the larva.

The City of Bedford maintains a very high level of vigilance against mosquitoes throughout the year, even during off-season months," Laverty pointed out. "The data that is collected in Bedford's mosquito traps during the off-season contribute to the collective data pool for the entire region."

For Jerry Laverty, the fight against the mosquito problem is an ongoing one and the partnership between the residents, the City, and even the County, goes a long way toward decreasing the mosquito population, in essence making the problem less of a threat to our safety.



BEDFORD SUMMER CHECKLIST:

.....

- | | | | | |
|--|---|--|---|---|
| <input type="checkbox"/> Sign up for a swim class at Bedford Splash. | <input type="checkbox"/> Meet a friend for a Tennis match the Bedford Boys Ranch Tennis Court. | <input type="checkbox"/> Catch a free outdoor concert at Twilight Thursdays at the Old Bedford School. | <input type="checkbox"/> Research your summer road trip at one of Bedford's snow cone stands. | <input type="checkbox"/> Partake of a cold beverage of your choice on the patio at one of Bedford's fine restaurants. |
| <input type="checkbox"/> Bring your four-legged family member to the Bark Park and attend a Dog Days of Summer event (July-Sept.). | <input type="checkbox"/> Experience the finest Fireworks display in North Texas at Bedford 4thFest. | <input type="checkbox"/> Take a stroll around the recently improved Bedford Boys Ranch Park. | <input type="checkbox"/> Go for a bike ride on the recently extended Bedford Trails system. | <input type="checkbox"/> Attend a storefront Art Gallery event. |



POOL SAFETY

As the summer season approaches, we here at the Bedford Connection want to stress the importance of basic water safety by providing some advice from our experts.

With the help of our Aquatics/Athletics Coordinator, Tyler Sievert, and information from past research, we have comprised a series of do's and don'ts that all residents should familiarize themselves with in order to have a safe summer in the water.

According to Cook Children's, Texas ranks number one in the nation for child pool drowning, while Tarrant County ranks number two in the state. There is no doubt that easy access to swimming pools in our area play a role in the unfortunate amount of drowning and near-drowning incidents. There are several basic steps that parents

can take to minimize the chances that their child will end up in a situation that threatens their life. According to Sievert, the number one change you can make that can reduce these types of statistics is parental supervision. "For the most part, the days of mom dropping 'little Johnny' off at the local swimming pool seem to be over," he says. "The unsupervised issue that we are speaking about can happen in only a matter of moments." It takes only one simple glance at a text message, having your nose buried in a book, or getting up to go to the concession stand to miss an opportunity to save a life. "Drowning doesn't look like

what you've seen in the movies or on TV," says Sievert. "Most victims are not going to be yelling for help and flailing their arms; no two drownings look alike." Many drowning victims can struggle on the surface for several minutes before they finally disappear under the water. Parents should become familiar with the signs and behavior that lead to a victim needing to be rescued.

The Texas Department of Family and Protective Services' website states that 75 children statewide died from drowning in Texas last year. Of those 75, none of them were from pools staffed with lifeguards. "What people may not understand is just how highly trained these lifeguards are. I tell my rookie staff members during every class that at the end of their lifeguarding course, they will be professional lifesavers, and not simply lifeguards." Sievert continued to explain the requirements to be a lifeguard with the City of Bedford. The American Red Cross Lifeguard Course is a 35-hour course that combines physical swimming strength and stamina with CPR and First Aid skills. After the course is complete, they must pass two final tests with an 80% or higher to be considered for employment. Once hired, lifeguards are still required to attend weekly in-service trainings, first aid, CPR, and other rescue skills refreshers. On top of all of that is the constant evaluation by the management staff to be sure the very best product is on-stand. "Lifeguard jobs are extremely fun and provide a great atmosphere for

teens to work in, but are also one of the more serious jobs. We understand the importance on us to help keep that statistic as close to zero as possible," Sievert added.

While lifeguards provide the constant supervision that is vital to water safety, we understand that some of your recreational swimming will be done at home, at the lake, or at another local community pool. Most, if not all, of these options will not have professional lifesavers staffed. Sievert provided us with a few basic safety tips that will help you have a safe swimming season. On top of the list is learning to swim. "We have a great 'learn to swim' program here at Bedford Splash," says Sievert. "We are making subtle changes to the program this summer, including reducing the ratio of students to instructor." Bedford's Aquatic division teaches lessons for

Certification, and a revised Junior Lifeguard program targeted for kids 11-14 yrs. "We are trying to do our part to educate, inform, and protect our community from becoming yet another Tarrant County statistic," Sievert concluded.

While many of the City's offerings accompany a small fee, there are a few free tips and ideas that should be incorporated into your swimming habits. Lifejackets are a way to keep non-swimmers safe, but only if they are U.S. Coast Guard approved. "Look inside the back of the jacket for a stamp or tag that states it is approved by the U.S. Coast Guard," said Sievert. "Many problems can arise with floatation material, zippers, or clips that go against safety for jackets that are not approved." Many swimming pools including Bedford Splash, will let you rent approved lifejackets for a small cost, as

in a YouTube video Sievert provided. The video captures a young boy wearing arm floaties, running from a few steps back from the pool's edge, and jumping in. The only problem with this situation is that arm floaties are designed to stay on the surface of the water. When gravity ensues, and the momentum from the jump pulls the young boy down further, off come the floaties. Luckily, the boy in the video was being watched by an entourage of adults; one of whom was able to jump into the water to save the boy. Arm-floaties provide a false sense of security to mom and dad. "If parents have never heard this lecture from me or someone else, they do not know how dangerous these things are." Sievert continued, "Mom will put these on her son, not having done her research about the dangers and what can go wrong, and think he's protected from drowning. That's just not the case."

From enrolling in swim lessons at any age, active adult supervision, properly trained staff, as well as education on floatation, pool maintenance, and rescue skills, it appears that the folks within Bedford Parks and Recreation are ready and waiting to welcome your family to Bedford Splash and Roy Savage Pool this summer. However, if you choose to cool off outside of the fences of Bedford's aquatic facilities, please maximize the chance of your entire family returning home and follow the tips we have left you with.

"Mom will put these on her son, not having done her research about the dangers and what can go wrong, & think he's protected from drowning. That's just not the case."

children as young as three, as well as offering private lessons for all ages, including adults. "You're never too old to learn how to save your own life," Sievert commented.

For the Parks and Recreation Department, it does not stop at parental supervision, swimming lessons and swim tests either. They also offer other water safety education classes that include Certified Pool Operator courses, CPR and First Aid, Lifeguard

well as allow and encourage you to bring your own approved jacket. Another misconception related to floatation is the use of arm-floaties, according to Sievert. "Very few municipal pools will allow you to use them and for good reason." They can be easily popped around walls with rough finishes or sharp corners, and the plastic breaks down when exposed to long durations in the sunlight. We saw the dangers of arm-floaties



BEDFORD BEAUTIFICATION

Environmentally conscious solutions to preserve your community.

Beautiful. Maintainable. Sustainable. Texas SmartScape™.

Residents of Bedford love their yards and enjoy the work that goes into it, but the reality of the cost, time and stress associated with keeping a yard green has many rethinking their landscaping pursuits. A handful of households throughout the City have already embraced the idea of using drought-tolerant plants and getting rid of the yard all together to create an efficient landscape or a "SmartScape". The Texas SmartScape™ program encourages North Texans to use native and adapted plants to yield positive impacts on the environment, and limit impacts on the wallet. Summertime is here, and with the summer heat comes expensive water bills. But those water bills can be reduced. More than half of a typical household's outdoor water use goes to watering the lawn and garden. Converting to a water-efficient landscape through the proper

choice of plants and careful design can reduce this water use by 20 to 50 percent. Lowering water use means lowering water bills. Who wouldn't want that? Choosing native and adapted plants can also help reduce the need for pesticides and fertilizers. Eliminating or minimizing the use of these chemicals is beneficial to our environment, as stormwater and irrigation runoff can carry pesticides and fertilizers from residential yards into neighborhood creeks, streams, ponds, lakes, and rivers. This can contaminate our waters and potentially harm wildlife. So how exactly can Bedford residents create a SmartScape™ yard? Use drought-tolerant and adaptive plants with organic mulch and compost to reduce water loss. Limit the square footage of turf grass, which requires more water and maintenance. Irrigate efficiently

and effectively by using drip irrigation systems and watering early in the morning, no more than twice a week. To find out more about saving money, water and the environment with your yard, visit www.txsmartscape.com for free design tools, maintenance information and plant guides. Texas SmartScape™ is a landscape program that promotes the use of plants suited to North Central Texas's soil, climate, and precipitation. The regional goal is to improve water quality by reducing runoff and to conserve local water supplies by selecting ecologically appropriate native or adapted plants that require less water, pesticides, fertilizers, and herbicide.



New Simple recycling Service for Residents

On February 22, 2016, the City began offering a new curbside, household recycling program through Simple Recycling. Residents were mailed a packet of information that also included a green bag for Simple Recycling pick-up. This free service provides an opportunity for residents to dispose of unwanted household goods and textiles at the curb, rather than through the trash. See the adjacent list for items that are acceptable. When a bag is placed out for collection, Simple Recycling will leave a replacement bag at the resident's front door. Residents should place their bags at the curb at least 3 feet away from their regular trash on their Monday or Tuesday service day. Simple Recycling can also schedule special pick-ups for residents who are spring cleaning or moving and have a large amount to dispose of. Contact Simple Recycling directly to arrange.

Please contact Simple Recycling at 866-835-5068, visit www.simplerecycling.com or email info@SimpleRecycling.com (bag requests only) to request additional bags or notify them of a missed pick-up. Residents can also utilize the Better It in Bedford app/website to alert Simple Recycling of missed pick-ups. A limited amount of additional bags are also available with Customer Service at the Bedford City Hall, Building B, 2000 Forest Ridge Dr. Simple Recycling is a for-profit company, so no receipts will be provided for items placed out for collection. Residents are encouraged to continue using their preferred charity for household goods donation.

Several non-profits operate in the Bedford area and possible options are listed below:



ITEMS THAT ARE ACCEPTABLE FOR SIMPLE RECYCLING COLLECTION...

- ☐ Men's Clothing
- ☐ Children's Clothing
- ☐ Women's Clothing
- ☐ Boots & Shoes
- ☐ Bedding (sheets, pillow cases, blankets, comforters)
- ☐ Belts & Ties
- ☐ Books
- ☐ Bras
- ☐ Coats & Jackets
- ☐ Fashion Accessories
- ☐ Handbags & Purses
- ☐ Hats & Gloves
- ☐ Kitchenware
- ☐ Linens
- ☐ Pillows
- ☐ Sandals & Slippers (in pairs)
- ☐ Socks (single or in pairs)
- ☐ Stuffed Animals
- ☐ Table Linens
- ☐ Tools
- ☐ Towels
- ☐ Toys
- ☐ Undergarments

Items we CANNOT collect include: Appliances, Furniture, Tires, Paint, Carpeting, Mattresses, Traditional Recyclables (metal, glass, paper), Hazardous Waste.

Beacon House
Martin Methodist Church
2621 Bedford Rd.
Bedford, TX 76021
817-354-9038

Coat of Many Colors
Mission Central
625 Harwood Rd.
Bedford, TX 76021
817-248-2450

Goodwill Donation Site
2101 Bedford Rd., Suite M
Bedford, TX 76021

• Goodwill Donation
• Site/Retail
• 701 N. Industrial Blvd.
• Bedford, TX 76021
• 817-399-0300

• HEB PTA Clothes Closet
• 1100 Raider Dr.
• Euless, TX 76040
• 817-399-2559
• clothescloset@hebisd.edu

• HEB Prom Closet
• 1201 Airport Fwy, Suite 395
• Euless, TX 76040
• 682-225-4266

• New Hope Center
• 6Stones Mission Network
• 209 N. Industrial Blvd.
• Bedford, TX 76021
• 817-868-7400

• Project Help
• First United Methodist Church
• of Bedford
• 1245 Bedford Rd.
• Bedford, TX 76021
• 817-283-5536 or
• 817-283-5678



Recycle Your Used Cooking Oil

Fats, Oils and Grease (FOG) pose a hazard to sewer systems within our community. Depositing FOG down sink drains can restrict the flow and can lead to backups of wastewater systems in both residential and commercial locations. Clean-up and restoration of pipes can be costly, therefore it is important to properly dispose FOG.

Bedford Public Works, located at 1813 Reliance Parkway, has a new green container for residents to deposit used cooking oil. Drop off times are between 8:00 a.m. and 4:00 p.m. If a resident requires assistance or further information is needed, please contact the Office of Public Works at 817.952.2200.



Water Conservation Information

Spring and Summer months are drawing near. Now is a good time to ensure irrigation systems are working properly. This helps to prevent water run-off at both residential and commercial locations. The City of Bedford is not currently under water restrictions, but watering of lawns continues to be limited. Please do not water between the hours of 10:00 a.m. and 6:00 p.m.



The **W.I.S.E. Guys** program is a **FREE** conservation service offered to cities, water districts, municipal utility districts and any other water supplier. The **W.I.S.E. Guys** program evaluates existing irrigation systems and makes recommendations for improvement to the performance of the system and to the scheduling of the controller to eliminate unnecessary waste.

How do I sign up for the W.I.S.E. Guys program?

Please visit the following **W.I.S.E. Guys** program link to complete the questionnaire and sign up for the program.

http://www.vepollc.com/wise_request_gis.aspx?wid=1067



The W.I.S.E. Guys program is administered and managed for the City of Bedford and the TRWD by Vepo, LLC



CRUD Day at Meadow Park, Spring | April 30, 2016 | 9-11am Fall | September 17, 2016 | 9-11am

On this day, residents are given the opportunity to bring "Household Hazardous Waste" items for disposal. Such items include, but are not limited to: paint, batteries, fluorescent light bulbs, fertilizer, automobile and cooking oils, and antifreeze. The number of participants is limited by the space available on the Crud Cruiser and paint trailers; once they are full, they leave. With this in mind, since paint cans are large and are the most popular items discarded, we ask residents to combine their paint into the smallest containers possible. Once a

paint can is emptied, it can be left open to dry completely and then be put out on the curb for the trash collectors. Bring only the smallest, full, containers possible to CRUD Day for disposal and more people will be able to be accommodated.

Fall CRUD day is tentatively scheduled, however, there are factors (beyond the BBC's control) that might require cancellation of this date. Keep an eye on the city website when the event date draws near for further updates.



Shred It Day at the Boys Ranch Park Behind the Activity Center | Oct. 8, 2016 | 8am-Noon

On this day, residents are invited to bring their unwanted paper and documents for shredding and recycling. Participants can load their cars with containers full of paper and bring them to the Boys Ranch Park where a drive-thru disposal will be set up. City workers will unload your papers, put them into big "tubs" that the truck will physically pick up and shred. There is no need to wait for your paper to be shredded, but, you are welcome to do so for your own piece of mind. Shredding from this event will be cleaned, sold, and recycled into other paper products. Electronics collection will take place at all BBC events except Clean Up Bedford/Chunk

Your Junk Day. You are invited to bring your unwanted electronic items (or anything that requires electricity) and our recycling partner will take them from you, for disposal. Please check the City website for items that will not be accepted.

For information about the Bedford Beautification Commission events and all other Bedford volunteer committees and commissions, visit the city website at www.bedfordtx.gov.

BedfordTX.gov



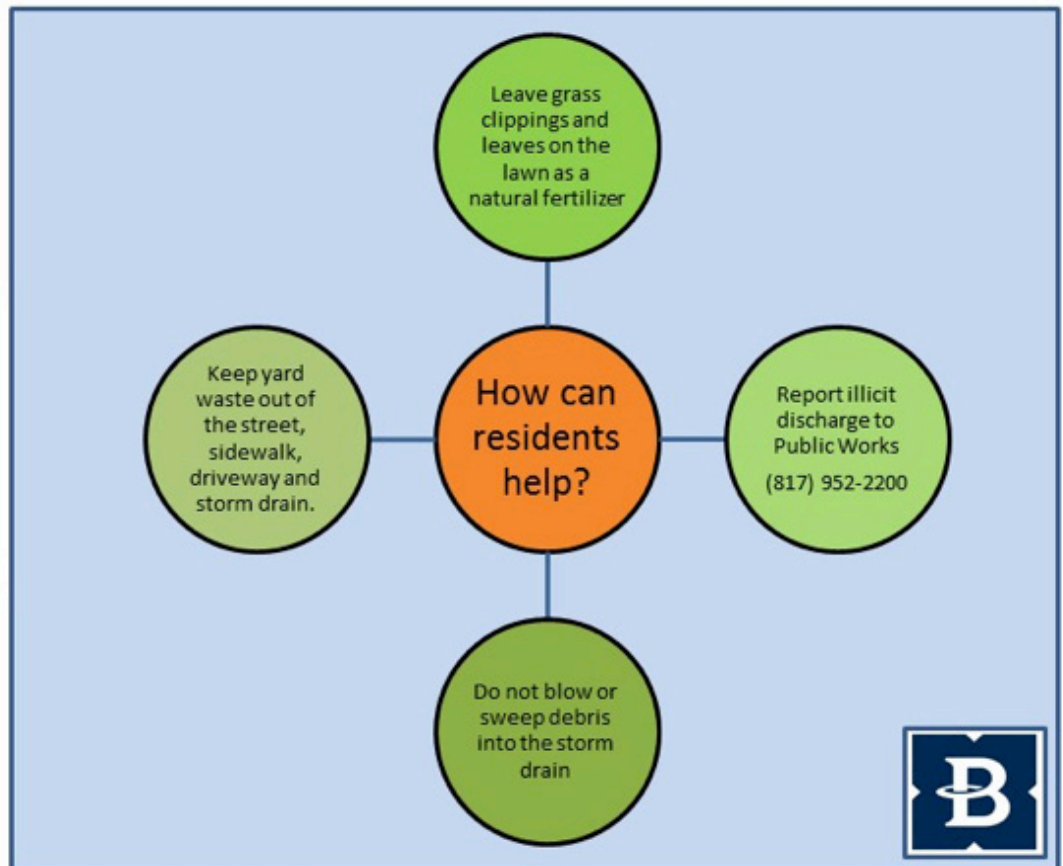
Locally Enforced Idling Restrictions

Enforced Idling Restrictions is a control measure aimed at reducing emissions caused by idling of heavy-duty gasoline and diesel vehicles. To support the State in implementing this control strategy, NCTCOG promotes this initiative by developing outreach materials and assisting local governments with adoption, education, and enforcement. To date, 30 local governments have adopted the restrictions; citizens may also report idling vehicles online at www.engineoffnorthtexas.org.

Help REDUCE Storm Water POLLUTION

Improperly applied fertilizers can wash down the storm drain and harm aquatic life. By using your yard waste as a natural fertilizer, you can help **reduce** storm water pollution.

Yard waste in a local waterway can **KILL** fish and other aquatic life because it uses oxygen from the water.



Be Environmentally Friendly

Yard waste blown or swept into the street, sidewalk, driveway or storm drain can end up in nearby creeks, streams, rivers and lakes during a storm or when watering the lawn.

Grass Clippings left on the lawn will provide up to 25% of the lawn's total fertilizer needs. Leaves contain 50 to 80% of the nutrients from plant extracts from the soil and air during the season.

FIRE SAFETY



SMOKE DETECTORS

Smoke alarms that are properly installed and maintained play a vital role in reducing fire deaths and injuries.

Smoke alarms save lives. If there is a fire in your home, smoke spreads fast and you need smoke alarms to give you time to get out. Having a working smoke alarm cuts the chances of dying in a reported fire in half. Almost two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.

Here's what you need to know!

- **Install smoke alarms in every bedroom, outside each sleeping area and on every level of your home.**

Test your smoke alarms every month.

- **When a smoke alarm sounds, get outside and stay outside.**
- **Replace all smoke alarms in your home every 10 years**
- **Smoke alarms by the numbers**

- **In 2007-2011, smoke alarms sounded in half of the home fires reported to U.S. fire departments.**

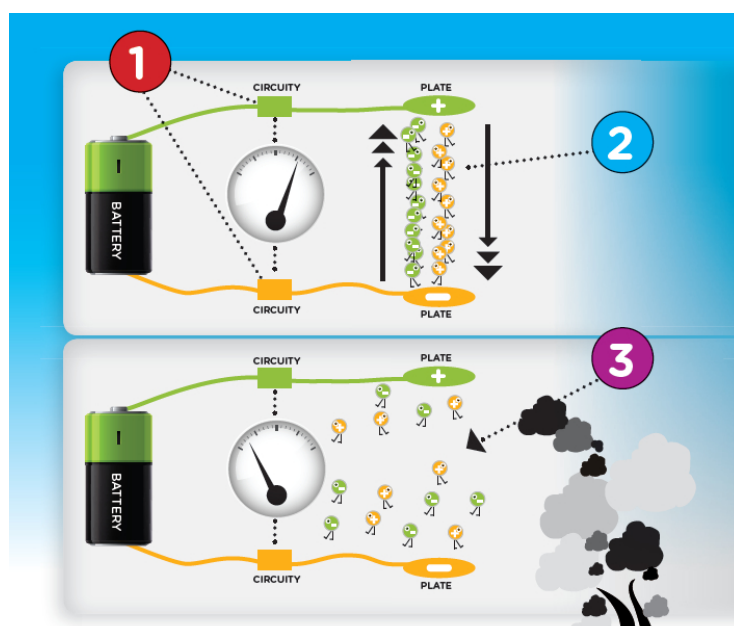
- **Three of every five home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.**

No smoke alarms were present in more than one-third (37%) of the home fire deaths.

- **Types of smoke alarms ionization smoke detection and photoelectric smoke detection.**

Ionization smoke alarms are generally more responsive to flaming fires.

How they work: Ionization-type smoke alarms have a small amount of radioactive material between two electrically charged plates, which ionizes the air and causes current to flow between the plates. When smoke enters the chamber, it disrupts the flow of ions, thus reducing the flow of current and activating the alarm.



SMOKE ALARMS

Did you know that scientists have spent many years working on smoke alarms to keep us safe? One of the most common types is an ionization smoke alarm. Here's how it works:

- 1** Inside the smoke alarm, there are two tiny metal plates called electrodes that are connected to a battery. This is called a circuit. move toward the negative plate. This movement creates a complete circuit or path of electricity.
- 2** There is also a substance called Americium-241. Americium-241 converts air molecules into positive and negative ions. Because opposites attract, the negative ions move toward the positive plate and the positive ions
- 3** When smoke enters the smoke alarm, the ions bond with the smoke, breaking the path of electricity.
- 4** When the flow of electricity is reduced, the alarm goes off.



NATIONAL FIRE PROTECTION ASSOCIATION

The leading information and knowledge resource on fire, electrical and related hazards

FIRE SAFETY

SUMMER GRILLING SAFETY

SAFETY TIPS

- Propane and charcoal BBQ grills should only be used outdoors.
- The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches.
- Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- Never leave your grill unattended.
- Always make sure your gas grill lid is open before lighting it.

CHARCOAL GRILLS

- There are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel.
- If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- There are also electric charcoal starters, which do not use fire. Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before disposing in a metal container

SMOKE DETECTORS

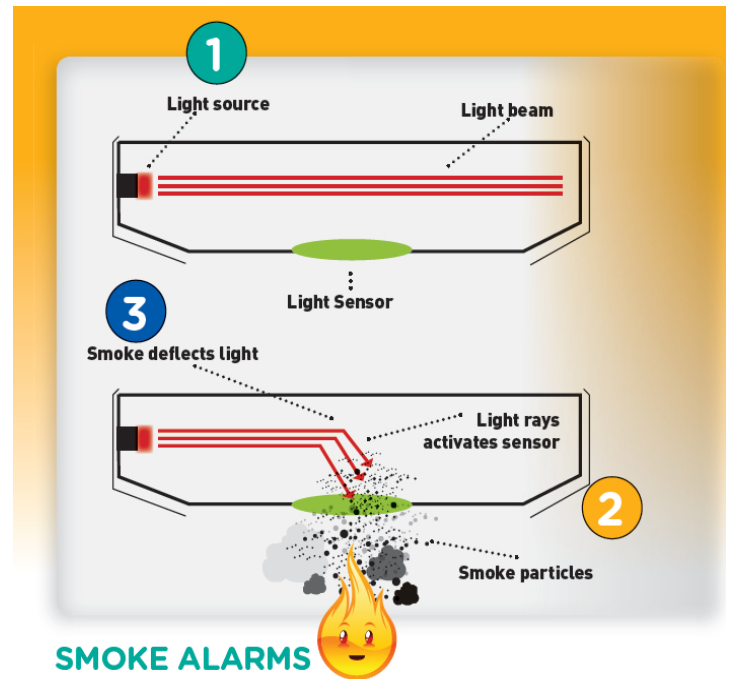
Photoelectric smoke alarms are generally more responsive to fires that begin with a long period of smoldering (called “smoldering fires”).

How they work: Photoelectric-type alarms aim a light source into a sensing chamber at an angle away from the sensor. Smoke enters the chamber, reflecting light onto the light sensor; triggering the alarm.

For each type of smoke alarm, the advantage it provides may be critical to life safety in some fire situations. Home fatal fires, day or night, include a large number of smoldering fires and a large number of flaming fires. You cannot predict the type of fire you may have in your home or when it will occur. Any smoke alarm technology, to be acceptable, must perform acceptably for both types of fires in order to provide early warning of fire at all times of the day or night and whether you are asleep or awake.

For best protection, use both types of smoke alarm technologies

For best protection, it is recommended both (ionization and photoelectric) technologies be used in homes. In addition to individual ionization and photoelectric alarms, combination alarms that include both technologies in a single device are available.



FIRE SAFETY

The Vial of Life Pocket

The Vial of Life Pocket (VOLP) could save your life. Your Bedford Fire Department Paramedics will look for the Vial of Life pocket on the outside of your refrigerator door. Inside the rear pocket they will find the medical form providing information you have completed along with any other important documents about you. The medical information you printed on the form about yourself will help the paramedics better understand your medical emergency. This information will be taken with you to the hospital for the emergency department staff to review as well.

The Vial of Life Pocket is free to Bedford residents. You can get a VOLP at the Bedford Central Fire Station, 1816 Bedford Road, Monday through Friday, between the hours of 8 a.m. and 5 p.m. A medical form is included with each

VOLP. Extra blank medical forms are also available at the Central Fire Station and on line at www.bedfordfire.net under Community Programs. You can also call our office if you need assistance and information: 817-952-2500.

"The Vial of Life Pocket will provide paramedics vital medical information during your most critical time." Bobby Sewell, Deputy Chief, Emergency Medical Services



Bedford Fire Department Ambulance Subscription Program

ENROLL NOW FOR 2016

- Bedford residents may purchase an annual subscription for ambulance service fees which are not paid or reimbursed by medical insurance coverage.
- Annual subscription memberships shall provide benefits for the member, his/her spouse, unmarried children under twenty-five (25) years of age and other qualified dependents, as determined by the Internal Revenue Service, and who live at the same address as the member. Medicaid Recipients are not eligible.
- Membership covers out of pocket expenses for emergency ambulance services only within the City of Bedford. No coverage for non-emergency transfer ambulance services shall be provided.
- Membership enrollment periods will be based on the calendar year and must be renewed annually.
- Coverage begins immediately upon enrollment.
- The current membership fee is \$60 per household.

For information and applications, please call:
817/952-2500 or visit www.bedfordfire.net

Police & Fire Emergency **911**
Police Non-Emergency **817.952.2127** | Fire Non-Emergency **817.952.2500**

ARTS COUNCIL NORTHEAST:

With a vision of access to the arts for all, our mission is to provide artistic, cultural, and educational opportunities to improve the quality of life in our communities.

For over 36 years, Arts Council Northeast has worked as an integral partner with the 16 cities we serve, schools, businesses plus state and national organizations, to raise awareness that art, culture, and entertainment are vital to the economic wellbeing of our communities. Arts Council Northeast is committed to developing and implementing ways to encourage arts and education to the residents of North Tarrant and Southern Denton Counties.

Since 1997, Arts Council Northeast has granted over \$665,000, with a match totaling over 1.5 million dollars from Texas Commission for the Arts, to individual artists and art projects in North Tarrant and Southern Denton Counties. Arts Council Northeast, in conjunction with the cities we serve, has been presenting visual and performing arts concerts free and open to the public, featuring local, national, and international artists.

More than 5,798 students have attended our Summer Arts College with 2,241 scholarships over the past 21 years. This unique opportunity for children ages 6-16 to be a part of an imaginative, fun, weeklong cultural experience that opens up children's minds and worlds, offering them skills they need for a bright future. Arts Council Northeast hosts an annual fundraising event – Triple Crown Affair at Lone Star Park – on Saturday, May 7, 2016. Proceeds benefit our programs, allowing us to continue to make the arts accessible to all. Ticket and/or sponsorship details are on our website or call 8172833406.

More information on our organization and programs can be found on our website: www.artscouncilnortheast.org.

Summer Art Camp – Visit artscouncilnortheast.org for information on the Summer Arts College. You can register and pay online.

Clubs, Meetings & Classes at the Arts Council Northeast building Bedford Boys Ranch, 2819 R. D. Hurt Parkway, Bedford, TX 76021

Clubs

Trinity Arts Guild

is open to area artists and art lovers come and visit our gallery and see the wonderful pieces of art produced here in your own back yard. Meetings and Artist Demonstrations held first Monday of each Month at 7:00 pm, Call for Gallery hours or visit the website at trinityartsguild.org

Trinity Arts Photo Club

If you like to take pictures and want to join our fun group of photographers, visit trinityartsphotoclub.org. Meeting held on the 4th Monday of the month at 7pm.

Trinity Writers Workshop

is a local writers group. We always welcome new and prospective members. If you'd like to see what we're about, then please sit in on one of our meetings. We'd love to have you! trinitywritersworkshop.com. Meeting held each Saturday at 10am.

Classes All classes are offered by independent instructors.

Pottery:

Clay classes using wheel and hand building techniques Arts Council Northeast building, Room 204 (upstairs)

Arlenezart Pottery – Adults

Fee: \$120; continuing students pay \$45/month studio fee Time: call to arrange Instructor: Arlene Taylor Contact: 8176858839 for details and to register.

Pachyderm Pottery

Adults & Teens

Fee: \$160 Time: M or Thu 6:15 pm 9:15pm Fee: \$200 Time: M & Thu 6:15pm 9:15pm Instructor: Teri Carson Contact: www.pachydermpottery.com(details and registration)

Furniture Painting

Ginger Lilly Home

Make custompainted furniture and hand-crafted accessories Arts Council Northeast building, Room 202 (upstairs) Instructor : Micki Taylor

Contact: 2149083125 for currently available workshops and dates.

Let the painting magic begin! All you need is La Craie chalkbased furniture paint, wax, a brush, and creativity. The paint is earth-friendly and provides professional results. Simple steps and execution yield beautiful finishes on virtually any surface. Breathe new life into furniture! All supplies are provided. A variety of workshops offered every month, perfect for beginners or professionals: **Furniture Make & Take** – Bring your own small piece of furniture and learn to paint, distress and wax it.

Make a Serving Tray – Repurpose an old cabinet door into a fabulous serving tray!
Chalk It Up – A mini project workshop where you will repurpose something we have in our accessory stash into a useful chalkboard!
Create Your Own Workshop – Want to get together with friends in a private group?



Painting Classes

MONDAY

Acrylic, Oil (Canvas)

Fee: \$68 for 4 sessions \$20 per session. Time: 12:30 – 3:30pm Instructor: Barbara McFarland. Contact: 817-2820714 or theartistsbrsh@aol.com. Location: Arts Council Northeast building, (Gallery).

TUESDAY

Watercolor & Yupo

Fee: \$80 for 4 sessions \$22 per session. Time: 6:30 – 9:30 p.m. Instructor: Bennie J. Wood – Watercolor (paper). (Gallery) Contact: 8178382409 or bjwwatercolor@sbcglobal.net. Location: Arts Council Northeast building,

WEDNESDAY

Experimental/Process Painting and Mixed

Media Workshop with Lisa Barker Fee: 4 week class \$60.00 or \$17.00 per session. Instructor: Lisa Barker Contact: 6825535314 Time: 12:30:00 p.m. Location: Arts Council Northeast building, Room 205 (upstairs)

THURSDAY

All Media

Fee: Contact Mahto for current prices. Time: 10:00 a.m. – 1:00 p.m. Instructor: Johnny (Mahto) Hogue – Adult painting class (beginning to advanced) Contact: johnny8769@yahoo.com. Location: Arts Council Northeast building, (Gallery)

FRIDAY

Watercolor and Yupo

Fee: \$80 for 4 sessions \$22 per session. Time: 9:30 a.m. – 12:30 p.m. Instructor: Bennie J. Wood – Watercolor (paper). Contact: 8178382409 or bjwwatercolor@sbcglobal.net. Location: Arts Council Northeast building (Gallery).

SATURDAY

All Media

Fee: Contact Mahto for current prices. Time: 10:00 a.m. – 1:00 p.m. Instructor: Johnny (Mahto) Hogue – Painting class (beginning to advanced, any media) Contact: johnny8769@yahoo.com. Location: Arts Council Northeast building, (Gallery)



Old Bedford SCHOOL

The 100-year-old historical school house is a great place to have a unique Wedding, Reception, Party, Business Meeting, Family Reunion, Baby Shower or any special other event.

Please call 817-952-2290 to schedule a tour.

***2400 School Ln.
Bedford, TX 76021***

The historic Old Bedford School Facility/Grounds Rental Rates

Monday-Thursday

\$75 per hour 8am-5pm
\$80 per hour 5pm-9pm

Friday & Sunday

\$125 per hour 8am-11pm

Saturday

\$150 per hour 8am-5pm
\$175 per hour 5pm-11pm

Great Opportunity for Businesses

Rental fees for business travelers staying at Bedford Hotels

Monday-Friday ONLY

8am-5pm
\$300 per day
(All other fees apply)

A refundable security deposit is required for hourly rentals:
\$200 for under 99 people
\$500 for 100 people and up

Please call 817-952-2290 to tour and/or book rental and visit us online at oldbedfordschool.com.



Old Bedford SCHOOL.com

Old Bedford SCHOOL



Wedding Packages

SATURDAY RATES

Package A

\$1,800 plus \$500 Security Deposit
Six (6) hour wedding day

Package B

\$2,100 plus \$500 Security Deposit
Eight (8) hour wedding day

FRIDAY AND SUNDAY RATES

Package A

\$1,500 plus \$500 Security Deposit
Six (6) hour wedding day

Package B

\$1,800 plus \$500 Security Deposit
Eight (8) hour wedding day

Required for booking a space: A signed and approved contract, reservation fee (1/2 of the rental fee), and applicable insurance. A \$500 refundable security deposit for weddings and packages, and the remainder of the rental fee is required 30 days prior to your event.

Hotels in Bedford:

AMERICA'S BEST VALUE HOTEL
817-358-4585 | AMERICASBESTVALUEINN.COM

COURTYARD MARRIOTT
817-545-2202 | MARRIOTT.COM/COURTYARD

EXTENDED STAY HOTELS
817-354-5210 | EXTENDEDSTAYHOTELS.COM

HOLIDAY INN
817-684-6300 | HOLIDAYINN.COM

HOMEWOOD SUITES HILTON
817-283-5006 | HOMEWOODSUITES.COM

LA QUINTA INN
817-545-8105 | LQ.COM

MOTEL 6
817-545-2555 | MOTEL6.COM

SUPER 8
817-545-8108 | SUPER8.COM

TOWNPLACE SUITES
817-283-3725 | MARRIOTT.COM/TOWNPLACE-SUITES



Old Bedford SCHOOL

2016 Twilight Thursdays

The Twilight Thursday concert series continues this spring with free outdoor concerts on the lawn of the Old Bedford School. The concerts are presented by Arts Council Northeast. Lawn chairs, blankets and leashed pets are encouraged for an evening of FREE family entertainment. Each evening will feature a food truck with food available for purchase and a live outdoor concert (weather permitting).

Thursday, May 5, 2016
7:00 p.m.- 8:30 p.m.
Havana NRG (Salsa)

Thursday, May 12, 2016
7:00 p.m.- 8:30 p.m.
Derek Anthony
(New Country)

Thursday, May 19, 2016
7:00 p.m.- 8:30 p.m.
Overdrive (Variety)

Murder Mystery Dinners 2016

The Murder Mystery dinners held at the historic Old Bedford School are the perfect mix of mystery and fun. Guests are invited to watch the show and interact with the cast to solve the mystery and win prizes.

Individual ticket:
\$37.50 plus online fee
Table of eight:

\$260 plus online fee
Price includes dinner, dessert and performance.

The performance is provided by US Actors Company. Dinner is catered by Bedford Texas Roadhouse.

Saturday, May 7, 2016
6:30 p.m.-10:00 p.m.
"A Beautiful Murder"

Saturday, August 20, 2016,
6:30 p.m.-10:00 p.m.
"Back to School Show"

Free Annual Family Event

Sunday, July 24, 2016 | 4:00 p.m.-6:00 p.m.

In 1915, the community had an ice cream social to commemorate the completion of the Old Bedford School House. Come and join us 101 years later for an afternoon of live music, tours of the historic Old Bedford School, family fun and ICE CREAM.

Summer Dotties Tea Party Imagination Series

A summer favorite at the Old Bedford School, Ms. Dottie's imagination series allows children to take a break from reality. Join Ms. Dottie on a themed adventure that includes games, crafts, playtime and a snack. Dressing up is recommended but not required. Be sure to bring along a friend, a great attitude and most of all, a great imagination. Parents are encouraged to stay and watch the festivities.

Age: 3-6 yrs. | Cost: \$16 per child per week

Dinosaurs
Tuesday, July 12, 2016
10 a.m.-11 a.m

Princess Tea Party
Tuesday, July 19, 2016
10 a.m.-11 a.m

Superhero
Tuesday, July 26, 2016
10 a.m.-11 a.m

My Little Pony
Tuesday, August 2, 2016
10 a.m.-11 a.m

Half Day Drama Camps

Break Your Other Leg! Drama Camp

Dates: Monday, June 13, 2016-Friday,
June 17, 2016

Time: 12:30 p.m.-4:30 p.m.

Ages: 6-12 yrs.

Cost: \$115 per child

Learn the fundamentals of theatrical performance from Rover Dramawerks, including creating a character, vocal performance, movement, improvisation and more. (Campers will need the ability to read, in order to learn simple lines.) This camp provides a solid introduction to theater and also challenges experienced actors. Each class member performs in a short play that is rehearsed during the week and presented to family and friends at the end of the final class. Student may need to provide their own simple costume for the play. Pre-registration is required.

Break Your Other Leg! Drama Camp

Dates: Monday, August 1, 2016-Friday,
August 5, 2016

Time: 12:30 p.m.-4:30 p.m.

Ages: 6-12 yrs.

Cost: \$115 per child

Rover Dramawerks builds on what was learned in the popular "Break a Leg! Drama Camp"! Class. The class will be split into small groups to continue developing performance skills in a more concentrated learning environment. Each group will develop and rehearse their own short play during the week and present its talents to family and friends at the end of the final class. Students may also need to provide their own simple costume. **PREREQUISITE:** Students **MUST** have previously taken Rover Dramawerks' "Break a Leg! Drama Camp" or have prior acting experience to enroll in this camp. Pre-registration is required.



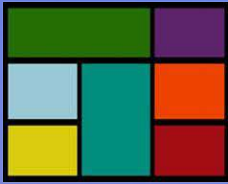
Take Piano Lessons at the Old Bedford School

Envision yourself taking lessons on a classic grand piano in the elegant auditorium of the Old Bedford School. The Old Bedford School is proud to continue personalized piano coaching by Danny Boyles, Ph.D. "Fine-tuned" instruction for anyone who enjoys the joy of music. Danny teaches with patience and understanding to individuals of all skill levels from beginners to advanced music enthusiasts. Please call Danny directly at 817-921-4196 for more information.

Jerry Rizzi Guitar Lessons

The Old Bedford School is proud to highlight another great musical coach and teacher. Jerry Rizzi's unique composition and performance style is derived from a passion for music in all forms, combined with opportunities to learn from some of the best artists from various genres. Jerry is available for group or individual lessons with an extensive teaching and lesson schedule for guitar, bass guitar and Cello. Please call the Old Bedford School at 817-952-2290 for more information.

Did you know - students who were exposed to music-based lessons scored a full 100% higher on fractions tests than those who learned in the conventional manner. - Neurological Research, March 15, 1999



bedford public library



Vision

To enrich, empower and transform lives.

Mission

Provide access to information, foster a love of reading and lifelong learning through quality resources and innovative services enabling our community to discover, connect and be inspired..

Library Phone Numbers

Information	817-952-2350
Youth Services	817-952-2374

Hours of Operation

Monday	10am–9pm
Tuesday	10am–6pm
Wednesday	10am–9pm
Thursday	10am–9pm
Friday	10am–5pm
Saturday	10am–5pm
Sunday	1pm–5pm

Bedford Public Library on Facebook & Twitter

You don't have to walk through the Bedford Public Library's doors to interact with us. We're on Facebook and Twitter!

Check out our Facebook and Twitter pages for Library news and updates, reminders about Library events and alerts about new materials. We want to get to know our community in person and online!

Facebook.com/BedfordPublicLibrary

Twitter.com/BedfordLibTx



bedfordlibrary.org



library

Bedford's Seventh Annual Mardi Gras Casino Night & Gala was a Success!

The Bedford Public Library Foundation's Seventh Annual Mardi Gras Casino Night and Gala raised \$15,000 for the Bedford Public Library. The Foundation would like to thank our sponsors, donors and attendees for their continued support of this event.

The Bedford Public Library Foundation is a community organization that exists to support the Bedford Public Library, which funds library technology and infrastructure needs. Your involvement will make a meaningful difference to the Library, but also to the lives of the many people it serves. There are many ways to contribute to the Bedford Public Library and donations can be given in several different ways .

- **Cash Gift:**

A one-time gift which can be earmarked for the Bedford Public Library Capital Campaign.

- **Pledge:**

A pledge of any amount with a schedule customized to meet your needs can be arranged. Electronic bank transfers or credit card withdrawals are available starting at the \$250 per year level.

- **Bequest:**

Designate the Bedford Public Library as a recipient of part or all of your estate.

- **Insurance:**

Designate the Bedford Public Library as a beneficiary of a life insurance policy.

- **Honorarium:**

Honor the life of a friend, loved one or business by making a donation in their honor.

- **Memorial:**

Celebrate the life of a friend or loved one by making a donation in their memory.

- **Donor Recognition:**

Create a living legacy or honor a loved one with one of the many naming opportunities available including collections and rooms.

**To donate, please email
bedfordlibraryfundraising@gmail.com
or call 682-559-2746.**

**To discuss a gift or to receive more information regarding naming opportunities, please contact Maria Redburn, Library Manager at
817-952-2332 or
mail:maria.redburn@bedfordtx.gov.**

Bedford Library Friends

We'd like you to be our Friend! Join the Bedford Library Friends group to support the Library's

programs and needs. The Friends group manages the many books (hardbacks and paperbacks) and

audio/visual items (DVDs, CDs & video games) generously donated by the public for sale in our Bedford Library Friends Book Store. Donations may be dropped

off during Library business hours and a donations receipt for tax purposes can be given upon request. (Please do not use the Drive-Thru Book Drop for your donations.)

Why Summer Reading is Important

Fostering literacy skills is the business of libraries. We have books, magazines, comic books, computers and programs which enhance literacy skills.

On average, summer vacation creates a three-month gap in reading achievement among elementary school students. Known as the "summer slide," this gap is caused by a lack of books in the home, limited access to public libraries and the lack of self-selected reading. Summer slide is the learning loss that can occur when children are out of the classroom during summer break. If a child doesn't read or engage in learning activities during this period, the loss of skills can be equivalent to as much as two months of class time — a figure that's compounded annually.

During the summer months, libraries provide free programming for school-aged children to stimulate curiosity, provide access to the performing arts, as well as to a wide range of subjects to explore and be entertained by.

As a community we can join together to READ. The enjoyment of reading or being read to is the most powerful tool we have to fight summer slide.

Proclaim your commitment to literacy by signing up for the Library's Summer Reading Program or HEB READS

What's the **hoopla**®?

Bedford Public Library has thousands of movies, television shows, music albums, eBooks, audio books and comics, all available for mobile and online access through a new partnership with hoopla digital.

Bedford card holders can now download the free hoopla digital mobile app on their Android or iOS device or visit hoopladigital.com to begin enjoying thousands of titles — from Hollywood studios, record companies and publishers — available to borrow 24/7, for instant streaming or temporary downloading to their smartphones, tablets and computers.



Bedford Public Library Offers Tumblebooks!

Watch books come to life through animated characters, stories and games on TumbleBooks, a collection of online books available through our website. Interactive experiences foster a love of reading and enhance comprehension. The TumbleBook Library offers books and activities geared toward children 3–8 yrs. old. Many titles feature the Lexile level and Accelerated Reader ratings as well as quizzes that children can take after reading or listening to a book. Access to TumbleBooks is free and available online from all public computers in the Library or from home through the link on our website.

WE NEED YOU FOR THE LIBRARY FOUNDATION

Are you looking for an opportunity to make a real difference in our community? Find out about the Bedford Library Foundation. For more information contact Patt Dreyer by calling 682-559-2746 or email bedfordlibraryfundraising@gmail.com.

Contact Amanda Green at green7844@gmail.com for more information about donations or joining the Bedford Library Friends.

Bedford Library Friends Book Sale

Don't miss our Mini Book Sale at the Library! You'll find a great selection of books at low prices. Contact Amanda Green at green7844@gmail.com for more information.

Date: Saturday, May 14
Time: Noon–4pm
Location: Lobby



Drive-Up Holds Window

Have Holds to pick up? Try out the Drive-Up Window! Once notified that your hold is ready, call 817-952-2357 at least one hour prior to your arrival and notify us that you would like to use the Drive-Up Window. Patrons will need to provide the name used to place the hold, as well as their library card number or four-digit code given to them.



STORYTIMES — LITERACY BUILDING BLOCKS

SUMMER BABY GARDEN

This small-group setting provides parents/caregivers and their babies under the age of two physical closeness and a shared enjoyment of reading that can be modeled at home. Participants share songs, puppets, movements, board books, Spanish and sign language in conjunction with nursery rhymes. Online registration is required for this program at www.bedfordlibrary.org. Classes fill up quickly — see registration dates & times below.

Registration: June 1 & June 29 at 8am

Date: Wednesdays
in June & July
Time: 2:30–2:50pm
Ages: Walkers–Toddlers
Location: Storytime Theater

BABY GARDEN

This small-group setting provides parents/caregivers and their babies under the age of two physical closeness and a shared enjoyment of reading that can be modeled at home. Participants share songs, puppets, movements, board books, Spanish and sign language in conjunction with nursery rhymes. Online registration is required. Classes fill up quickly—see registration dates & times below.

Registration: May 26, June 30, & August 25 at 8am

Date: Thursdays
Time:
PRE-WALKERS
Infants 10:10–10:30am

WALKERS
Toddlers 10:50–11:10am
Location: Storytime Theater

TWOZEEZ

For the young and the restless, 24–36 months old! This program is for active 2-year-olds, our recent Baby Garden graduates and their parents/caregivers. Join us for a magical, musical good time using books, songs, fingerplays, flannelboards and videos. Registration is not required.

Date: Thursdays
Time: 11:45am–12:05pm
Location: Storytime Theater

FAMILY STORY SPOT

This program is for children of all ages and their parent/caregiver. Story time will incorporate rhymes, finger plays, stories and puppetry. Registration is not required.

Date: Tuesdays
Time: 10:15–10:35am
Location: Storytime Theater

FAMILY STORY SPOT

This program is for children of all ages and their parent/caregiver. Story time will incorporate rhymes, finger plays, stories and puppetry. Registration is not required.

Date: Tuesdays
Time: 10:15–10:35am
Location: Storytime Theater

STORY SPOT

This program is for preschoolers and their parent/caregiver. Story Spot will incorporate rhymes, finger plays, stories and puppetry with a concentration on language, math and science skills. Craft follows storytime. Registration is not required.

Date: Tuesdays
Time: 11–11:20am
Location: Storytime Theater
Ages: 3–5 years

READ2ROVER

Heart of Texas Therapy Dogs encourage children to read by providing a non-judgmental audience. Our furry listeners enjoy lying next to the reader and being read to; they won't laugh if a child stumbles over a word. This relationship between child and dog enables the child to gain a positive attitude about reading, improve reading skills and build confidence. Contact the Children's Information Desk at 817-952-2374 for details. Registration is not required.

Date: Fourth Sunday of the month (except May & August)
 June 26 & July 24
Time: 1:30–3pm

**SUMMER FUN FOR FAMILIES
FAMILY GAME NIGHT**

Grab the kids and head to the Library to play some good old fashioned board games. NO ELECTRONICS ALLOWED! Registration is not required.

Date: Thursdays
Time: 6:30–8:30pm
Location: Children's Area

T.G.I.F.F. — THANK GOODNESS IT'S FUN FRIDAY!

Join us on Fridays in June and July for a different activity each week. Registration is not required.

Dates: Fridays in June & July

First Fridays —
Bluebonnet Book Club

Second Fridays —
Classic Kid Movie

Third Fridays —
LEGOs: Freebuilders

Fourth Fridays —
Krafty Kids
Time: 3:30–4:30pm
Location: Children's Area

**LEGOS AT THE LIBRARY: FREEBUILDERS**

Do you have a LEGO enthusiast who can spend hours engrossed in creative building? If so, join the Bedford Public Library's LEGOs: Freebuilders for children 6–12 yrs. old. This is a great environment for kids to make new friends, use their imaginations and work through challenges. Different building themes each session. Children should be accompanied by an adult. We supply the LEGOs.

Registration is not required.

Date: Second Wed. of the month (except May)
 June 8, July 13 & August 10
Time: 3:30–5pm
Location: Storytime Theater

SUMMER MOVIE MADNESS

Children can enjoy a free movie on Tuesday afternoons in June and July. Check bedfordlibrary.org for title listings and ratings.

Registration is not required.

Date: Tuesdays, June 7–July 26
Time: 2–4pm
Location: Storytime Theater

A MOMENT OF SCIENCE

Join us as we take time for a Moment of Science! Mad Scientists will demonstrate basic science principles with fun experiments. You never know what may happen! Registration is not required.

Date: Tuesdays, June 7–July 26
Time: 10:40–11am
Location: Jennifer's Discovery Room

KRAFTY KIDS

Come join the fun and make a craft. Children must be accompanied by their parent/caregiver. Registration is not required.

Dates: Fourth Friday of the Month

April 22 — Spring

May 27 — Memorial Day

June 24 — America the Beautiful

July 22 — National Hotdog Day

August 26 — Watermelon

September 23 — Pets

Time: 3:30pm

Location: Jennifer's Discovery Room

CLUBHOUSE SHOWS

Free weekly fun for school-aged children! Registration is not required.

Dates: Thursdays in June & July

June 2 — Dallas Zoo

June 9 — Symphony of Arlington

June 16 — Professor Brainius

June 23 — Ronald McDonald

June 30 — Critterman

July 7 — Play on Swords

July 14 — Perot Museum's TECH TRUCK

July 21 — Slick Jugglers

July 28 — Zooniversity

Time: 2:30pm (New time!)

Location: Meeting Room

PARTY WITH PETE THE CAT

Join us for this after-hours evening story time featuring everybody's favorite cool cat! Families will enjoy the stories of Pete the Cat, a scavenger hunt, magic sunglasses craft, tattoos, face painting, fun math activities and a photo op with Pete the Cat. Cat treats and milk will top off this cool-cat night.

Online registration is required.

Date: Friday, July 8

Time: 6pm

Location: Bedford Public Library (after hours)

PATH PROJECT — PARENT EDUCATION SERIES

The PATH Project is one of three federally-funded Parent Training and Information Centers serving Texas parents of children and youth with disabilities ages 0-26.

Our mission is to empower parents of children and youth with disabilities in their roles as parents, decision makers and advocates for their children. We strive to promote partnerships throughout the state among parents and professionals, parent organizations, school districts and service agencies.

PATH will be presenting monthly workshops during the year at the Bedford Public Library. Registration is not required for this free program.

Dates: Fourth Thursday of the Month (except May)

June 23 —

Texas Autism Supplement

This workshop will introduce the eleven strategies that must be considered for educational programming for students with

autism in Texas public schools. Participants will be provided with tools & tables for individualized development of these eleven strategies.

July 21 —

Positive Behavior Intervention (Third Thursday)

This workshop will help families understand the reason for behavioural assessments and positive interventions with a focus on behaviours that serve a specific purpose for a student. We will discuss using positive consequences versus punishment to change behaviour, as well as what IDEA 2004 says concerning positive behaviour interventions.

August 25 — ARD Process

This workshop will provide an overview of the ARD process so that parents will be prepared to participate at every stage of the process. Participants will gain an understanding of the ARD meeting agenda, as well as their procedural rights and responsibilities.

September 22 —

Contents of the IEP

This workshop is designed to provide parents with practical working knowledge of the contents of an IEP as defined by IDEA. Through the process of writing an IEP, we will learn to set reasonable and measurable learning goals for a child with a disability, and to state the individualized services that the school district will provide for that child.

Time: 6:30–8:30pm

Location: Bonnie Finn Board Room

FOR TEENS

SECOND SATURDAYS TEEN PROGRAM

Teens, come hang out at the Library after hours! Our monthly programs vary from movies, gaming and whatever else we can think up. Check out bedfordlibrary.org for specific activities. These events are for teens 12–17 yrs. Online registration is required. For more information, contact Sarah Featherstone at 817-952-2344 or sarah.featherstone@bedfordtx.gov.

Date: Second Saturday
of the month
(except August)

May 14 — Star Wars

June 11 — Mythology Night

July 9 — Thespians U-Knight:

Magic and Monsters and
Princesses...Oh My!

September 10 — TBD

Time: 6–8pm

Location: Teen Room

MATH HOMEWORK HELP 7TH–12TH GRADES

HEBISD math teacher Marsha Davidson is available to assist teens with their math homework. Registration is not required for this free program; it's on a first come, first served basis. For more information, contact the Children's Information Desk at 817-952-2374.

Date: Thursdays (except
HEBISD holidays)

Time: 6–8pm

Location: Teen Room

SATURDAY GAMING

Teens and tweens are invited to play PS3, Wii and board games on Saturday afternoons.

Registration is not required.

Date: Saturdays
Time: Noon–2pm
Location: Teen Room

SUMMER 2016 — TEEN VOLUNTEER OPPORTUNITIES

Do you need CAS or community service hours for school? The Library has many roles in which teens (12–17 yrs.) can serve their community, earn work experience, earn CAS/NHS hours, have fun and meet new friends. Teen volunteer applications for summer will be available April 1–May 15 online at bedfordlibrary.org or at the Children's Information Desk. Applications must be submitted in person. Summer volunteer applicants are advised that this is a competitive submission process. Essays will be required and teens must be available to work a minimum of 12 hours from June 1–August 15. For additional information, contact Mary Woodward at 817-952-2372.

TEEN MOVIES

Mondays are teen movie nights at the Library! Bottled water and snacks are welcome. Check our Events calendar on our website for movie listings.

Registration is not required.

Date: Mondays in
June & July
Time: 6–8pm
Location: Teen Room
Agess: 12–17 yrs.

TEEN ACTION COUNCIL (TAC)

Help us make the Library a better place for teens by joining the Teen Action Council (TAC)! TAC members must be 12–17 yrs. TAC meets monthly to help plan teen programs and events at the Library, as well as to give feedback on books, music & movies for our collection. Applications for the 2016/17 school year will be available on our website and at the Children's Information Desk from Aug. 1–Sept. 15. For more information, contact Sarah Featherstone at 817-952-2344 or sarah.featherstone@bedfordtx.gov.

library

FOR ADULTS

TECHNOLOGY

PUBLIC PC ACCESS & WI-FI

Computers are available at the library for free Internet and word processing access. Laptop owners can enjoy Wi-Fi access and printing.

COMPUTER CLASSES FOR LIFELONG LEARNERS

Need help making technology work for you? Join this relaxed, informal, informative class. We have experienced teachers available to assist you. Bring your own device or use our computers. Registration is not required for this free class.

Date: Tuesdays
Time: 10–11am
Location: Jim & Becky Wilkes
Technology Center

COMPUTER 101

Are you a computer novice? Come to this class to get started with beginner-level computer skills. We will review keyboarding and mousing skills, among other topics. Registration is not required for this free class.

Date: Wednesdays,
April 6 & May 4
Time: 6:30–7:30pm
Location: Jim & Becky Wilkes
Technology Center

WORD BASICS

Come to this class if you have little to no experience using Microsoft Word®. We will go over the very basic elements of creating a simple Word document such as font and paragraph formatting, inserting pictures, adjusting margins, etc. *PRE-REQUISITE: Class attendees must be comfortable using the keyboard and mouse. This class is paced for those with basic computer skills. Online registration is required and opens for each session two weeks prior to the class date. Please contact the Information Desk at 817-952-2350 for more information.

Date: Wednesday, April 20
Time: 6:30–7:30pm
Location: Jim & Becky Wilkes
Technology Center

EXCEL BASICS

Come to this class if you have little to no experience using Microsoft Excel®. We will go over basic elements of formatting cells and creating simple data tables. *PRE-REQUISITE: Class attendees must be comfortable using the keyboard and mouse. This class is paced for those with basic computer skills. Online registration is required and opens for each

session two weeks prior to the class date. Please contact the Information Desk at 817-952-2350 for more information.

Date: Wednesdays,
April 13 & May 11
Time: 6:30–7:30pm
Location: Jim & Becky Wilkes
Technology Center

PUBLISHER BASICS

Come to this class if you have little to no experience using Microsoft Publisher®. We will create a simple flyer utilizing various creative formatting elements of this software.

*PRE-REQUISITE: Class attendees must be comfortable using the keyboard and mouse. This class is paced for those with basic computer skills. Online registration is required and opens for each session two weeks prior to the class date. Please contact the Information Desk at 817-952-2350 for more information.

Date: Wednesday, April 27
Time: 6:30–7:30pm
Location: Jim & Becky Wilkes
Technology Center

IPAD 101

This class will help you become more familiar with your tablet by walking you through all of its buttons and key features. You will gain the skill to use your iPad with ease. You are encouraged to bring your iPad while we dive into such topics as: locking/unlocking, intro to buying apps, taking photos, exploring device settings, iTunes & the App Store and much more. Registration is not required for this free class.

Date: Saturday, May 7
Time: 10:30am–Noon
Location: Meeting Room
North

TABLET 101

Ever wanted to know about what a tablet is or why people use it? Want to know the basics of how to operate your tablet? Bring in your mobile device and learn how to navigate, access the internet and customize settings. No experience is necessary. Registration is not required for this free class.

Date: Saturday, May 7
Time: 1–2pm
Location: Meeting Room
North

LIFELONG LEARNING

BEDFORD LIBRARY STITCHERS

This monthly program provides an opportunity for stitchers of all skill levels and techniques to gather for sharing and learning. BPL Stitchers is about fostering, studying and preserving the art of embroidery, beadwork, Blackwork, Brazilian and much more. Registration is not required. Contact Sue Countryman at 817-577-0406 for program details.

Date: Second Saturday
of the month
Time: 10am–Noon

Date: Third Tuesday
of the month
Time: 10am–Noon
Location: Bonnie Finn
Board Room

FORT WORTH CALLIGRAPHERS GUILD

This monthly meeting offers hands-on and lecture-style programs on historical, modern and contemporary calligraphy and related arts. It's a great way to apply your own expressive creativity, learn how to letter or just improve your handwriting skills. Visit www.fortworthcalligraphersguild.com for scheduled programs and workshops. Registration is not required.

Date: Second Thursday
of the month
Time: 6–8:30pm
Location: Meeting Room
South

BOOKWORMS: BOOK CLUB

Enjoy reading? Then you will enjoy the Bedford BookWorms' lively literary discussions! Registration is not required.

Date: Third Thursday
of the month
(except August)

May 19 — The Revenant: A Novel of Revenge by Michael Punke

June 16 — The Sympathizer by Viet Thanh Nguyen

July 21 — The Turner House by Angela Flournoy

September 15 — Empire of Deception: The Incredible Story of a Master Swindler Who Seduced a City and Captivated a Nation by Dean Jobb

Time: Noon–1:30pm
Location: Bonnie Finn Board Room

LIFE TRANSITIONS LEARNING GROUP

If you are thinking about transitions in your career, or facing changes in other areas of your life, this group focuses on developing greater self-awareness and learning how to apply your natural "gifts"/talents in creating paths to help you move forward. Structured discussions will include both personal and professional growth topics such as creating better work/life balance, developing/refining personal goals and action plans, identifying individual preferences for directing your interests/energy, managing professional relationships and task/time management. Group members will discuss how various topics presented can help in improving our ability to solve problems and make decisions about the things that matter most to us. In addition, we will explore how topics discussed provide opportunities to lead influence and work more effectively with others, and how what we've learned can be applied to achieve personal goals. For more information, contact Susan Hampton at 817-312-6396 or email jean.green@bedfordtx.gov.

Date: Third Saturday
of the month

(except

July & December)

Time: 10:30am–12:30pm

Location: Bonnie Finn Board Room

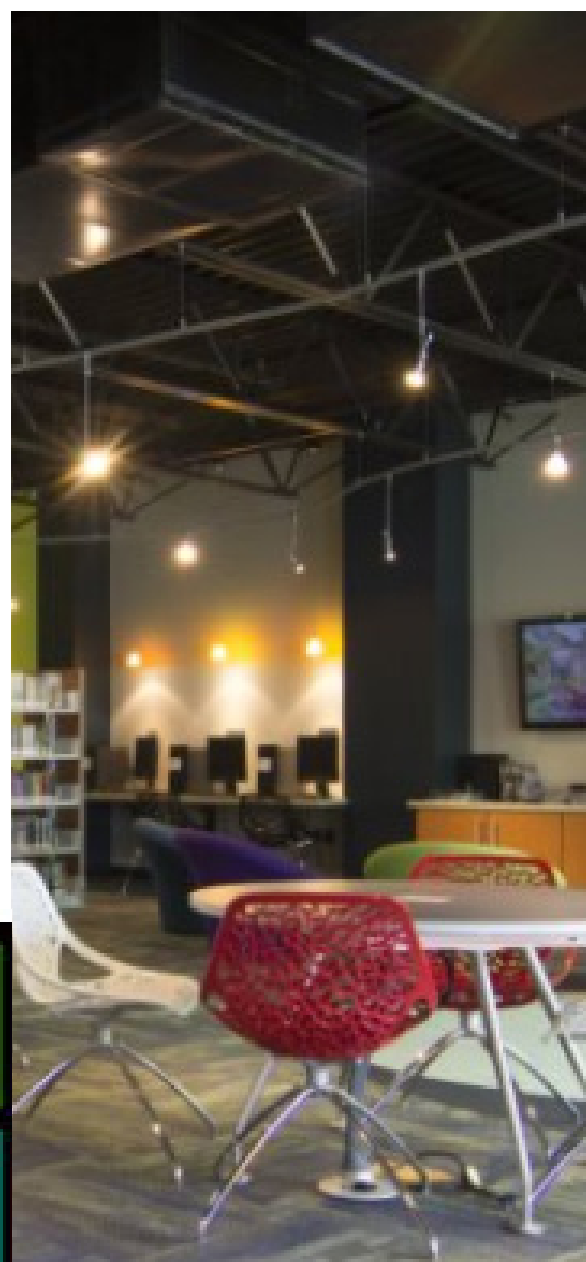
LATE NIGHT BOOK CLUB

The perfect book club for those who prefer the twilight hours! The book choices will appeal to a broad audience and range from non-fiction to literary fiction. Books are selected by group participants. For title selections, visit our website. Registration is not required.

Date: Fourth Thursday
of the month

Time: 7:30–8:30pm

Location: Sarah Sisson Room



BOYS RANCH ACTIVITY CENTER

2801 Forest Ridge Dr.
Bedford, TX 76021
817.952.2323



BRAC Membership:

Here at the BRAC, we have facilities to meet your personal fitness needs. From cardio equipment to weight machines, free weights and more, you will find what you need to reach your fitness goals. There are two options for fitness facility memberships. There is the Annual Payment Option, which includes your facility card. There is also Monthly Payment Option. With that option you must also purchase a facility card. The yearly option gives you a discounted rate. You must purchase a membership to have use of the fitness facilities. You must be 16 years and up to purchase a fitness membership.

*There is a \$5 replacement fee for lost cards.

Annual Payment Option

Adult Facility Card Included
Senior Facility Card Included

Resident

\$127

\$82

Non-Resident

\$202

\$122

Monthly Payment Option – *Annual Facility Card must be purchased to participate in the gymnasium or access the fitness rooms.

Facility Card (Annual Fee)

Youth

Adult (16 – 54 yrs)

Senior (55 yrs & Up)

Resident

\$12

\$26

\$20

Non-Resident

\$26

\$52

\$32

Fitness Room Fees (Monthly)

Youth 16 and younger not admitted to fitness rooms.

Adult (16 – 54 yrs)

Senior (55 yrs & Up)

\$17

\$12

\$22

\$17

Daily All Access Fee

Resident & Non-Resident

\$7 per day



B FIT

HAVE A SKILL OR HOBBY TO SHARE?

Want to be an Instructor for the Boys Ranch Activity Center? Complete Class Proposal forms can be downloaded by going to bedfordfun.com or emailing Chris.Chastain@bedfordtx.gov. Return your completed forms to the Bedford Boys Ranch Activity Center and you will be contacted for an interview. It really is that simple!

DEMO CLASSES

Have you seen one of our classes, and wanted to try it out for free? Well, we want to make that happen for you! The Boys Ranch Activity Center will be working with our instructors to offer a new class every month at absolutely no cost to you. Please check in with our front desk or call us at 817-952-2323 to find out about the latest offerings! Our schedule is constantly being updated so talk to a staff member today.

BFIT

Join the movement, Bedford Parks and Recreation is encouraging everyone to B FIT! Sign up today on Fitocracy.com and join our group "Barkley's BFit Challenge". Then start earning points by tracking your exercise and completing challenges. You can win prizes such as Splash passes, BRAC memberships, workout equipment and more. For more information on challenges, demo classes, and everything #BFit, like us on Facebook, visit our website, join our Fitocracy group or give us a call at 817-952-2323.

PERSONAL TRAINING

Take your fitness to the next level and get in shape. Jeremy Florey (NASM CPT) takes a safe and effective approach to fitness. We are proud to offer competitive pricing and personalized programs to achieve your fitness goals. Our programs include personal support and nutritional advice. Sign up at our front desk or by calling 817-952-2323. Feel free to reach out to Jeremy Florey with any questions or concerns at floreyjeremy@yahoo.com or 817-296-5769.

Fees: \$50 – One Hour Session
\$120 – 3 One Hour Sessions

Sessions

\$450 – 1 Month, 3 sessions/week

\$700 – 1 Month, Unlimited Sessions

Ages: 16 yrs and older

Instructor: Jeremy Florey

Days: Schedule with Trainer

Time: Schedule with Trainer

Location: Weight & Cardio Rooms

Sessions: Schedule with Trainer

Facility Rental Rates

Activity Rooms

One Room

Non-Peak (Sep-Apr)

\$37/hour

Peak (May-Aug)

\$47/hour

Two Rooms

\$47/hour

\$57/hour

Three Rooms

\$57/hour

\$67/hour

Gym

Half Court

Non-Peak (Sep-Apr)

\$32/hour

Peak (May-Aug)

\$42/hour

Full Court

\$47/hour

\$57/hour

Special Event (2 hour Minimum)

\$87/hour

\$97/hour

BRAC Public & Member Hours

Monday - Thursday

7:00 a.m. – 9:00 p.m.

Friday

7:00 a.m. – 6:00 p.m.

Saturday

8:00 a.m. – 2:00 p.m.

Sunday

10:30 a.m. – 2:00 p.m.

BEDFORD FUN.COM

JAZZERCISE

Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It's a calorie-torching, hip-swiveling dance party workout to put your abs to the test, with a hot playlist to distract you from the burn, incinerate up to 800 calories per hour in one 60-minute class. Our classes - Strike, Fusion, Core, Strength and Dance Mix-will leave you breathless, toned and coming back for more. Expect to feel results after three classes and expect to stick with it. Why? Because it works.

For more information contact Ann at 817-715-9890 or email jazzerannparks@gmail.com Maureen at 817-577-3692



Class Schedule:

Monday

9am* | 5pm | 6:05pm

Tuesday

9am* | 5pm | 6:05pm

Wednesday

9am* | 5pm | 6:05pm

Thursday

9am* | 5pm | 6:05pm

Friday

9am* | 5pm

Saturday

9am*

*Childcare is available for \$1/per child.

Joining Fee

\$35

Electronic Funds Transfer

\$39/month

(EFT)- No Binding Contracts

Senior EFT (65+)

\$36/month

Walk-Ins

\$15 per class (check or cash)

PERSONAL TOUCH – STRENGTH TRAINING BY JAZZERCISE

These small-group weight-training sessions are designed to improve strength, balance and tone muscles. The personalized approach encourages exercise consistency and the attainment of fitness goals. Instructor is a Certified Personal Trainer. Class meets twice a week at \$10 per class with registration. Walk-ins are welcome at \$15 per class.

For more information, contact Ann at 817-715-9890 or email at jazzerannparks@gmail.com

ELITE BOOT CAMP FITNESS

Elite Boot Camp Fitness consists of authentic military style workouts based upon simple yet effective fundamental movement patterns executed at high intensity. These workouts deliver time-tested and measurable health and fitness results. We encourage you to push yourself, but we don't harass you. If you want verbal abuse, join the military! For positive reinforcement, however, come and enjoy the camaraderie of a non-competitive group workout at Elite Boot Camp Fitness.

For more information visit:

www.elitebootcampfitness.com

MARTIAL ARTS

TAI CHI QI-GONG WELLNESS

Qi-Gong is an energy cultivation style. Tai-Chi is a low impact form of exercise that includes a full warm up, stretching and soft martial art forms. The combined result is a high energy producing program that promotes balance, flexibility and total physical and mental fitness. Retirees and beginners are encouraged to join! Class meets twice per week. Sun Qi Fitness is certified by Sifu Hsieh Chin-Hua, Head Coach of the Taiwan Contest Wu Shu Association. This class has been here at this same location since 2008 continuously!



Fee: \$94 per session

Ages: Mature adults

Instructor: John Valenti

Days: Tuesday and Thursday

Time: 11:00 a.m. – 12:00 p.m.

Location: Meeting Rooms

Session 1: May 3 – May 31

Session 2: June 2 – June 30

Session 3: July 5 – July 28

Session 4: August 2 – August 30

Fee: \$82 per session

Ages: 16 yrs & Up

Instructor: Robert Johnson

Days: M, T, W, TH, & S

Time:

1st Platoon:

(Mon, Wed. 6:30PM – 7:30PM,
and Sat. 8:30AM – 9:30AM)

2nd Platoon:

(Tues, Thurs. 5:30AM - 6:30AM,
and Sat. 8:30AM - 9:30AM)

Location: Meeting Rooms

Session 1: May 9 – May 31

Session 2: June 1 – June 30

Session 3: July 2 – July 30

Session 4: August 1 – August 31

JO-ANN' LITTLE DANCERS – BALLET & TAP

Students will develop rhythm, poise and coordination while learning the fundamentals of ballet and tap. This class will create group interaction skills and support your child's self esteem and positive image. Ballet shoes, leotards and tights are required for all dance classes. Tap shoes are also required.

DANCE

Ages: (3-5 yrs.)

Days: Wednesdays

Times: 5:30 p.m. - 6:15 p.m.

Ages: (6-12 yrs.)

Days: Wednesdays

Times: 6:15 p.m. - 7:00 p.m.

Four- Week Sessions:

June 1, 8, 15, 22

July 6, 13, 20, 27

August 3, 10, 17, 24

Fees: \$42

KUNG FU QI-GONG

Qi-Gong is an energy cultivation style. Kung Fu is high impact form of exercise that includes a full warm up, stretching, self defense techniques and martial art forms. The combined result is a high energy producing program that promotes total physical athleticism and mental and physical fitness. This is the best way to develop great reflexes and skills. Class meets twice per week. Sun Qi Fitness is certified by Sifu Hsieh Chin-Hua, Head Coach of the Taiwan Contest Wu Shu Association. This class has been here at this same location since 2008 continuously!

Teens and Adults

Fee: \$82 per session

Instructor: John Valenti

Days: Tuesday and Thursday

Time: 7:30 p.m.-8:45 p.m.

Location: Meeting Rooms

YOUTH CLASS

Ages: 6-12 yrs.

Fee: \$77 per session

Instructor: John Valenti

Days: Tuesday and Thursday

Time: 4:00 p.m. to 5:00 p.m.

Location: Meeting Rooms

Session 1: May 3 – May 31

Session 2: June 2 – June 30

Session 3: July 5 – July 28

Session 4: August 2 – August 30



JAZZ / HIP HOP DANCE CLASSES

Students will learn the basics of jazz and hip-hop technique and style. Students will learn how to stretch properly, learn canter floor combinations, turns and work two dance routines. Dancers should wear black jazz shoes or sneakers along with dancewear or comfortable street clothes.

Ages: 6-12 yrs.

Days: Wednesdays

Times: 7p.m. - 7:45 p.m.

Four- Week Sessions:

June 1, 8, 15, 22

July 6, 13, 20, 27

August 3, 10, 17, 24

Fees: \$42

THERAPEUTIC YOGA FOR SENIORS 55+ YEARS

Want to try yoga but can't find a class that's right for you? Join this unique class that combines yoga with therapeutic exercises and progresses from one week to the next. Specifically designed for people 55 years and older, it honors the changes in your body as you age. Explore gentle, non-traditional and traditional yoga postures, learn proper breathing techniques and discover the power of meditation.

No previous yoga experience required, but you must be able to get on and off the floor. Please bring yoga mat. www.HappyMovements.com for more info.

Fee: \$40 (1 class/week)

Ages: 55 yrs. and up

Instructor:

Natasha Carter, LAT, ATC, PYT-C

Days: Thursdays

Location: Bedford Boys Ranch

Time: 6:30 p.m.– 7:30 p.m.

Session 1: July 7 – July 28

Time: 6:30 p.m.– 7:30 p.m.

Session 2: August 4 - August 25

Time: 6:15 p.m.– 7:15 p.m.

Session 3: September 8 – September 29

DISC GOLF 101

Are you ready to try out a brand new sport? Did you know that Boys Ranch Park has a brand new disc golf course? Disc golf is played much like traditional golf. Instead of a ball and clubs, however, players use a flying disc. Sign up for our Disc Golf 101 class and learn all of the basics you need to get started. Disc golf can be played from school age to old age, so everyone is welcome to join!

Fee: \$20 (1 class/week)

Ages: 12 yrs. and up

Instructor: Chris Chastain

Days: Thursdays

Location: Bedford Boys Ranch Park

Time: 5:15pm–6:15pm

Session Start Dates:

May 5, June 2, July 7, August 11

Week 1: Rules, Fundamentals, Putting Practice

Week 2: Varieties of throws, technique, strategy

Week 3: 9 Hole walkthrough, practice

Week 4: Class Tournament! Prizes will be awarded

BEDFORD FLYERS

Do you have an interest in model airplanes? This club has been meeting for over 25 years every Thursday from 10:00 a.m.-1:00 p.m. Most participants have been involved in some type of aviation, whether through their careers or by hobby. Models include hand-launched gliders, rubber powered microfilm, rubber, CO2 and electric powered scale and endurance models. If this sounds like something you would like to be a part of, contact Vic Larsen at milehawk@comcast.net or call 817-430-1121.

ARTS

YOU CAN OIL PAINT FOR ADULTS

Even if you've never held a brush or can't draw a straight line you'll be amazed at the beautiful oil painting you can complete in one fun and easy lesson with all supplies furnished. Learn composition, perspective, color mixing and simple time-saving techniques with award-winning professional artists Robert & Susan from the Robert Garden School of Art. Bring paper towels and wear an old t-shirt.



PICKLEBALL – The BRAC is now offering Pickleball! What is pickleball? Pickleball is a paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. It has been called "The fastest-growing sport in America" by NBC Nightly News. Our group is growing and extremely welcoming of new players!

Playing times are on Tuesdays from *10:30-1:30pm in the BRAC gymnasium. Only a facility membership is required. See you on Tuesday!

*During Summer Camp, times will shift to 11am-1pm

ELECTRIC/RC AIRPLANE MODELS

Do you have, or ever been interested in, an electric or RC powered airplane model or helicopter? Then this is the group for you! Meeting directly after the Bedford Flyers group, this group embraces some of the highly technical designs in model aircrafts. There are no membership requirements, just a quick registration form with your contact information to inform you of gym closures or announcements. Meeting for over seven years now in our facility, this group meets from 1:00 p.m.- 3:30 p.m. every Thursday. For more information, please contact Rodney Taylor at rodtaylor33@sbcglobal.net or call 817-571-1601.

CUB SCOUTS

Cub Scouting is fun! No matter what grade you are in, first through fifth, it can be a blast. Do you like to learn by doing? This is just the place. You can learn to tie knots, set up a tent, or shoot a bow and arrow (archery). Have you ever cooked a meal on a campfire? Sent a secret code to a buddy? Built a birdhouse? Hiked? Earn rewards for doing these things in Cub Scouts.

The Boys Ranch Activity Center has chartered a new Cub Scout troop! Please contact Recreation Coordinator Chris Chastain at chris.chastain@bedfordtx.gov or 817-952-2307 for more information on signing up your child, and volunteer opportunities.

**Fee: \$20 to register and \$20 supply fee payable at class
Age(s) 14 and up**

**Wednesday, May 18,
6:00 p.m. - 8:45 p.m.
"Moonlight with Palm Trees and
Sailboat"**

**Wednesday, June 8,
6:00 p.m. - 8:45 p.m.
"Mount Fuji with Cherry
Blossoms"**

**Wednesday, July 27,
6:00 p.m. - 8:45 p.m.
"Blue Dome of Mykonos Greece"**

**Wednesday, August 10,
6:00 p.m. - 8:45 p.m. "Into the
Dreamy Woods in Watercolor"**

**Instructor(s): Susan Rogers
Garden or Robert Garden
Fee: \$20 per class to Register
and \$20 supply fee due at each
class**

ADVENTURES IN ART CAMP Age(s) 5-13 yrs.

Join the fun in this inspiring art camp where your young artist will complete eight beautiful art projects using fine art principles and five different mediums: oil, acrylic, watercolor, oil pastels and charcoal. Basic fundamentals of color mixing, perspective, composition and brush strokes will be taught by professional artists from the Robert Garden School of Art. All supplies are furnished. Children will have amazing finished masterpieces they are proud to frame and display. Wear an old shirt and bring a roll of paper towels and a snack.

**Mon. July 25,-Thu. July 28,
9:00 a.m. - 11:45 a.m.
Instructor(s): Robert Garden
School of Art Certified Instructors
Registration Fee: \$62,
Supply Fee: \$60 payable to
instructor. For more information
contact Susan Garden at
susan@robertgardenart.com
or 214-755-2681.**

PAINT YOUR PET

Create a lasting memory by painting your very own portrait of your beloved pets. You will receive instruction from our expert artist who has been painting for over 10 years and taught at several local studios. By the end of your two sessions, you will have an amazing tribute to your furry (or not so furry) friend! The course will cover technique, style and foundations of art. No previous experience is necessary. Register with our front desk by calling 817-952-2323 or online at www.bedfordfun.com. To have your pet pre-drawn on a canvas before class, please email your photo to: artistexas@gmail.com.

**Fee: \$60
Ages: 12 yrs and up
Instructor: Cassie Wright
Days: Monday
Time: 6:00 p.m. – 8:00 p.m.
Location: Meeting Room
Session 1: May 16 – May 23
Session 2: July 11 – July 18
Session 2: August 15 – August 22**

Fun Time Live BEDFORD

Bedford Boys Ranch Activity Center
2801 Forest Ridge, Bedford, TX 76021

7:00 p.m. - 11:00 p.m.
Every Saturday Night
August 23, 2014 – May 16, 2015
unless not scheduled

Only \$10 at the door

All children in the third through eighth grades (typically 8-14 yrs.) are invited. Studies have shown that this age group has been tabbed as the forgotten age. This program strives to provide the high-energy entertainment kids have come to expect.

Activities & Entertainment

Calendars are distributed to all of the schools at the beginning of each month. Inflatable bounce houses and other interactive items at each event. Live disc jockey (DJ Red) with popular music, fog machine, bubble machine, awesome light show and an incredible sound system. New games and activities. Snack bar with candy, soda and pizza. Sport court with basketball, hula-hoop and tug of war. Safety and security are a primary concern, so we maintain an average of 30 kids or less per adult staff member.

A uniformed police officer will be present during the program. Recognizing the need for safety and security today, the program requires a child sign-in and adult sign-out. A child cannot leave until a designated adult comes to sign them out.

Contact Information

This program is managed and supervised by Planet Kidz Inc. For more information, please contact Fun Time Live by calling 817-480-3897.

Bedford SUMMER CAMP

Bedford Boys Ranch Activity Center

Bedford summer camp is a great place for kids who are 6-12 yrs. Each day is filled with positive, supervised, fun activities. Themes are set for each week where staff is able to gear several activities towards that theme. Each week campers will be able to attend Bedford Splash to go swimming and also make a trip to the Bedford Public Library. The camp is divided into two halves by age, meaning that 6 - 8-year-olds are in one camp and 9 - 12-year-olds are in the other. Parents will enjoy a flexible drop off time as early as 7:00 a.m. and pick up as late as 6:30pm each day. Parent meeting is Wednesday May 25 at 6pm.

Cost:

\$107/week for all weeks paid in advance

(Before the first day of camp)

\$117/week for weeks paid before Wednesday of preceding week

\$122/week for weeks paid Wednesday or later of preceding week

May 31 to June 3 The Great Outdoors
 (No camp Memorial Day)

June 6 to June 10 Super Heroes

June 13 to June 17 Super Sports

June 20 to June 24 Olympics

June 27 to July 1 Local Heroes

July 5 to July 8 Historical Times (no camp July 4)

July 11 to July 15 Musical Madness

July 18 to July 22 Hollywood

July 25 to July 29 Awesome Animals

August 1 to August 5 Weird Science

August 8 to August 12 Water Week

August 15 to August 19 When I Grow Up

PETS

BASIC MANNERS WORKSHOP

This four-week class is a great workshop for any dog or puppy whether you are just starting out with training or looking to take things to the next level. We will focus on the basic commands: Sit, Stay, Lie Down, Leave-it, Coming when Called and Leash Walking as well as problem behaviors such as pulling on the leash and not jumping up. Please contact instructor prior to course at 972-768-7947. (No aggressive or reactive dogs allowed.)

Fee: \$95 per dog/human team

Ages: Adult must accompany children

Instructor: Anne O'Neill – Specialty Pet Training

Days: Monday Evening

Time: 7:00 p.m. – 8:00 p.m.

Location: Bedford Activity Center

Session 1:

June 6 – June 27

Session 2:

September 12 – October 3

Location: Bedford Activity Center

PUPPY KINDERGARTEN WORKSHOP

This four-week class covers all things puppy! In this class, we work on all the early development skills your young puppy needs to grow up into a well-adjusted adult dog. This is an investment in your puppy's future!! Puppies 12 weeks to eight months are encouraged to join. Please contact instructor prior to course at 972-768-7947.

Fee: \$95 per dog/human team

Ages: Adult must accompany children

Instructor: Anne O'Neill – Specialty Pet Training

Days: Monday

Time: 7:00 p.m. – 8:00 p.m.

Location: Bedford Activity Center

Session 1: July 18 – August 8



Dog Days of Summer

The Dog Days of Summer are a string of canine-related events that wrap up the summer season. We encourage everyone to come out, whether you have a dog or not! But all of our events are about Man's Best Friend. Most of our events are free of charge, but we will have staff at every event to accept donations if you wish to give back. Donations will benefit the Bedford Bark Park.

Flick with Fido

Friday, July 22

7:30 p.m.

Our kick-off event will feature a drive-in style movie at the Bedford Bark Park. Be sure to bring out your lawn chairs, families and furry companions as we watch a pooch-themed film.

*This year's movie will be "Cats & Dogs"

Pet Health Fair

Sat., July 30

9:00 am

This health fair is 100% for the dogs. We will have veterinarians, groomers, trainers, boarders and more. Come see what the community has to offer for our beloved animals. See you at the Boys Ranch Activity Center.

RECREATION

Yappy Hour

Thu., Aug. 4

7:00 p.m.

Meet us out at the Bedford Bark Park for an evening of socializing and refreshments. Get to know your fellow dog-loving neighbors and let the little guys play with some new friends as well.

Woofstock

Sat., Aug. 13

7:30 p.m.

Join us for this groovy event at the Boys Ranch Park. You and your companion are invited to this dog-friendly show. Come listen to some great tunes, get some ice-cold refreshments and take a night to relax on a slow summer evening.

Pet First Aid

Sat., Aug. 20

9:00 a.m.

Do you know what to do for your pet in the case of an emergency? Be prepared and become certified in administering Pet First Aid by the Red Cross. This course will be taught by an official Red Cross Instructor with years of experience at the Boys Ranch Activity Center.

Dog Splash & 2K-9

Saturday, Sept. 10, 8:00 a.m.

Our grand finale features our popular event. It all starts with our 2K-9, a 1.24 mile walk around the beautiful Boys Ranch Park. Afterwards your four-legged friends will have the opportunity to cool off at Bedford Splash! There will be fun competitions such as Best Trick, Best Costume, Longest Jump and more. Come on out for this unique event!

SENIOR ACTIVITY CENTER

2817 R.D. Hurt Pkwy. Bedford, TX 76021
817.952. 2326 | bedfordtx.gov/senior/

Hours:

Monday - Friday | 8:00 a.m. – 5:00 p.m.
Thursday | 8:00 a.m. – 8:00 p.m.



Membership

Bedford Parks and Recreation is dedicated to increasing the health and wellness of our senior citizens. The Bedford Senior Activity Center offers programs and services designed to promote optimal health and wellness and opportunities for socialization with peers and are available to those from all income levels.

Annual Payment Option Senior Membership Card

Resident	Non-Resident
\$5	\$10

WELLNESS

HAVE A SKILL OR HOBBY TO SHARE?

Want to be an Instructor for the Bedford Senior Activity Center?

Forms can be downloaded:
 Complete Class Proposal forms
 can be downloaded by going to
www.bedfordtx.gov or emailing
Cathy.Haskell@bedfordtx.gov.
 Return your completed forms
 to the Senior Activity Center,
 and you will be contacted for an
 interview. It really is that simple!

EXERCISE CLASS

Exercise is one of the best things
 seniors can do to prevent falls.
 This program offers a variety
 of DVD videos that are used to
 improve strength, balance and
 muscles, and they are paced for
 seniors. A calendar of exercises
 is posted for each month so
 that seniors can tailor their own
 program.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Tuesday, and Thursday

Time: 9:00 a.m. - 9:45 a.m.

Location: Meeting Rooms

TAI CHI

People are discovering centuries-
 old Tai Chi as a daily prescription
 for health. With regular practice,
 students enjoy both mental
 and physical benefits including
 flexibility, strengthening and
 coordination. We will engage
 in gentle exercise, practice
 individual movements, and
 gradually learn new movements.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Monday, and Friday

Time:

Monday 2:30 p.m. - 3:15 p.m.

Friday 12:15 p.m. - 1:00 p.m.

Location: Meeting Rooms



SAC

RECREATION

A MATTER OF BALANCE CLASS

Are you concerned about falling? Do you want to improve your balance, strength and flexibility? If so, plan to attend this eight-week class. Presented by Senior Citizen Services of Tarrant County. Please call 817-952-2326 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

DANCE

DANCE LESSONS

Learning to dance benefits both the mind and the body and is a wonderful way to meet new friends. Grab a friend and sign up today. These classes are open to mature adults looking for a fun way to keep fit. Come learn a new dance each month.

Fee: \$5

Ages: 50 yrs. and up

Instructor: Michael Piland

Days: Monday, 1st Thursday

Time: Monday

5:30 p.m. - 6:30 p.m.

Thursday

6:00 p.m. - 8:00 p.m.

Location: Meeting Rooms

BEGINNERS LINE DANCE CLASSES

Beginners Line Dance Class introduces students to the terminology and basic steps of line dancing. Students will enjoy physical activity while developing their balance skills and memorization of patterns to music.

Fee: Free

Ages: 50 yrs. and up

Instructor: Rudolph and Margrit

Roschmann

Days: Monday

Time: 1:00 p.m. - 2:30 p.m.

Location: Meeting Rooms

INTERMEDIATE LINE DANCE CLASSES

This class expands on the concepts and steps from the Beginners Line Dance. The students will learn slightly more challenging step combinations and turns. The instructor introduces the concepts of tags and restarts along with more syncopation.

Fee: Free

Ages: 50 yrs. and up

Instructor: Rudolph and Margrit

Roschmann

Days: Wednesday

Time: 1:00 p.m. - 2:00 p.m.

Location: Meeting Rooms

ADVANCED LINE DANCE CLASSES

Take fitness, fun, and your dance moves to the next level. This Advanced Line Dance Class is aimed for people who have line dance experience. Hone your dancing skills in this advanced level class.

Fee: Free

Ages: 50 yrs. and up

Instructor: Rudolph and Margrit

Roschmann

Days: Wednesday

Time: 2:00 p.m. - 3:00 p.m.

Location: Meeting Rooms

WEEKLY DANCES

Come dance to the music of a live band every Monday with your friends. Each week participants enjoy music and refreshments.

Fee: \$6

Ages: 50 yrs. and up

Instructor: Staff

Days: Monday

Time: 7:00 p.m. - 9:30 p.m.

Location: Meeting Rooms

Blood Pressure Checks

Meet us on the 1st and 3rd Thursday each month for a blood pressure check. The Bedford Senior Activity Center has partnered with a retired nurse to provide participants this service.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Thursday

Time: 8:30am-10:30am

Location: Meeting Rooms

RECREATION

SAC

AARP DRIVER'S SAFETY COURSE

AARP Driver Safety first launched in 1979 to help to keep older drivers independent, safe and confident while on the road. This bi-monthly class is held at the Bedford Senior Activity Center. For information call: 817-952-2326.

This class does NOT count toward traffic violations

Fee: AARP member fee: \$15

Non-AARP member fee: \$20

Ages: 50 yrs. and up

Instructor: AARP volunteer

Time: 6:00 p.m. - 10:00 p.m.

Location: Meeting Rooms

COOKING MATTERS AT THE STORE

This is an interactive, guided grocery store tour that teaches people to make real changes to their food shopping habits by helping them learn how to make healthy food choices on a limited budget. Presented by Tarrant Area Food Bank. Please call: 817-952-2325 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Wednesday, June 15

Time: 11:00 a.m. - 1:00 p.m.

Location: Meeting Rooms

COOKING MATTERS CLASSES

This is a series of six classes that will teach you good nutrition and food preparation. Each week will cover a different subject. You can attend one or all of the classes. Presented by Tarrant Area Food Bank. Please call: 817-952-2326 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Thursday, June 23 – July 28

Time: 5:30 p.m. - 7:30 p.m.

Location: Meeting Rooms

NATIONAL SENIOR HEALTH & FITNESS DAY

Join us at the beautiful new Boys Ranch Park pavilion for a demonstration of Tai Chi. You can get answers to your questions as well as learn proper form and technique. We will meet at the Senior Center and walk together to the pavilion.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Wednesday, May 25

Time: 10:30 a.m. - 11:30 a.m.

Location: Meeting Rooms

SENIORS WALK ACROSS TEXAS FITNESS

Get up and stay in motion this summer. Seniors Walk Across Texas Fitness program is a 12-week program. Participants divide into teams competing to see who can travel the equivalent of 830 miles across Texas first. Teams earn miles by walking, running, cycling, doing yoga, doing house or yard work, and at free weekly fitness workshops at the senior center. The Bedford Senior Activity Center will host kickoff party for participants before the event. Please call 817-952-2326 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: May 31 – Aug 19

Time: 8:00 a.m. - 5:00 p.m.

Location: Meeting Rooms

Monthly Seminars

GOT STRESS

Learn how to manage stress through life's changes. Presented by Lakewood Retirement. Dinner will be provided. Please call: 817-952-2325 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Thursday, May 12

Time: 6:00 p.m. - 8:00 p.m.

Location: Meeting Rooms

HEARING LOSS

Presented by Lifetime Hearing. A light breakfast will be served. Please call: 817-952-2325 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Monday, May 16

Time: 9:30 a.m. - 10:00 a.m.

Location: Meeting Rooms

"HEART SMART"

Learn how to take care of your heart. Presented by Lakewood Retirement. Please call: 817-952-2325 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Thursday, June 9

Time: 6:00 p.m. - 7:00 p.m.

Location: Meeting Rooms



SAC

RECREATION

ARTS

ALL MEDIA ART CLASS

Make unique art creations using a variety of mediums. Learn basic concepts while exploring your creative side.

Fee: Free / Members furnish own supplies

Ages: 50 yrs. and up

Instructor: Instructor Volunteers

Days: Friday

Time: 9:00 a.m. - 12:00 p.m.

Location: Meeting Rooms

CHINA PAINTING

Fee: Free / Members furnish own supplies

Ages: 50 yrs. and up

Instructor: Staff

Days: Monday

Time: 9:00 a.m. - 12:00 p.m.

Location: Meeting Rooms

CERAMIC CLASS

This course is designed for the novice who has always wanted to try their hand at working with art. Explore this very plastic and tactile art form and gain an understanding of the many possible ways your project can be formed. Students will work with hand building techniques.

Fee: \$10 quarterly

Ages: 50 yrs. and up

Instructor: Debbie Smith

Days: Monday - Friday

Time: 8:00 a.m. - 5:00 p.m.

Location: Meeting Rooms

GUITAR JAM SESSIONS

If you play guitar and want to share your sound, come join in on the fun. Don't worry if you don't play. If you'd love to hear some great music, come listen and sing-along. This Guitar Jam session group really knows how to make great music and have lots of fun.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Wednesday, and Friday

Time: 1:30 p.m. - 4:30 p.m.

Location: Meeting Rooms

QUILTING

Come join the ladies around the quilting frames. This gathering provides an opportunity to join a group and work on a project together. This program is a gathering and not an instructional class. You must have some experience in quilting.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Tuesday, and Thursday

Time: 9:00 a.m. - 12:00 p.m.

Location: Meeting Rooms

NEEDLEWORK

This program includes instruction on all forms of hand needlework. Come join the group and start a new piece of artwork, or bring what you are working on and enjoy the good company.

Fee: Free

Ages: 50 yrs. and up

Instructor: Instructor Volunteers

Days: Tuesday

Time: 9:00 a.m. - 12:00 p.m.

Location: Meeting Rooms



TRIP TO WINSTAR!

Join us for a fun-filled day at Winstar! Payment must be made by 12:00 p.m. on June 22, 2016. Fee: \$20

Ages: 50 yrs. and up

Instructor: Staff

Days: Wednesday, July 6

Time: 8:00 a.m. - 4:00 p.m.

Location: Meeting Rooms

TRIPS

GAMES

MAH JONG

Mah Jong, a puzzle game based on a classic Chinese game for four persons, is played on Thursdays for those with some experience. Instruction is available periodically for those who have no knowledge and are interested in learning.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Thursday

Time: 1:00 p.m. - 4:00 p.m.

Location: Meeting Rooms

BRIDGE

Have you always wanted to learn to play bridge or would like to improve your skills? The Bedford Senior Center offers several bridge gatherings throughout the week. The Duplicate Bridge gathering is drop-in only, so be sure to grab a friend and join the fun.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Monday, and Thursday

Time: 12:30 p.m. - 4:30 p.m.

Location: Meeting Rooms

PINOCHLE

The Pinochle group is looking for people who like to have fun. Card games used to be the way most families would play together, or adults would spend time with other adults. Now, families spend time on individual events and adults get together and do things requiring no interaction. However, if you fit the bill and like good ole fashion fun, that's all you need to come play Pinochle. The rules are easy to learn and there are players who are more than happy to help you along.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Tuesday, and Thursday

Time: 10:00 a.m. - 12:00 p.m.

Location: Meeting Rooms

SENIOR BINGO NIGHT

Your new Bingo Night is at the Senior Activity Center. Bring your friend and join in on all the fun. Our Bingo nights are hosted by the always wonderful senior center staff. We play various patterns (Blackout, Standard, Double Bingo, etc) and of course award exciting prizes. Please call 817-952-2326 to register.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Third Thursday of the month

Time: 6:00 p.m. - 7:30 p.m.

Location: Meeting Rooms

DOMINOES

Just as the body needs physical exercise to keep fit, the brain needs mental exercise to stay active and alive. Friendly games of dominoes are held Monday – Friday and are perfect to work out the brain. This program often provided long-lasting positive effects regarding thinking and reasoning skills, memory and processing speed.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Monday - Friday

Time: "42" Thursday 10:00 a.m.-12:00 p.m.

"84" Tues / Friday 8:00 a.m.-12:00 p.m.

"Regular" Monday – Friday 12:30 p.m.- 4:30 p.m.

Location: Meeting Rooms

SHUFFLEBOARD

Beginning in the summer of 2016, we will be offering outdoor Shuffleboard in the beautifully renovated Boys Ranch Park.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Time: 8:00 a.m. - 5:00 p.m.

Location: Meeting Rooms

BILLIARDS

Join the gang each week for camaraderie and full day of friendly billiards games. This game is sure to test your hand-eye coordination, burn calories, sharpen the mind and help make new friends.

Fee: Free

Ages: 50 yrs. and up

Instructor: Staff

Days: Monday - Friday

Time: 8:00 a.m. - 5:00 p.m.

Location: Billiards Rooms



Splash AQUATICS

Bedford's 2016 swimming season officially begins with the opening of Bedford Splash Family Aquatic Center for the weekend of May 21. Bedford Splash will re-open daily through the end of the summer beginning on Memorial Day Weekend, Saturday, May 28. In addition to Bedford Splash, Roy Savage Swimming Pool at Central Park provides a cost-saving option to cool off from those hot summer days and will also open daily on Memorial Day Weekend for the summer.

Season Passes

Bedford Aquatics Season Passes will provide your family with an entire summer of entertainment. Family and individual passes are the best and cheapest option in town to enjoy the summer's endless activities. Passes are good Memorial Day through Labor Day at both aquatic facilities, Bedford Splash and Roy Savage Pool. Purchase your pass at the BRAC beginning April 18.

*Family Passes are for up to four family members. Additional family members may be added onto the family pass for \$32 for each Bedford resident and \$47 for each non-resident.

**Passes must be purchased in person at the BRAC. Bedford residents must provide proof of residency with a Driver's License, Military ID, Utility Bill, etc.

Season Pass Options

Month Purchased April – July 4	Month Purchased July 5 – Labor Day
Resident Individual \$72	Resident Individual \$52
Non-Resident Individual \$157	Non-Resident Individual \$82
Resident Family \$232	Resident Family \$107
Non-Resident Family \$357	Non-Resident Family \$210

Bedford Splash Family Aquatic Center

2817 R.D. Hurt Pkwy | 817-952-2384

Hours of Operation

Monday - Saturday Noon – 7pm

Sunday Noon – 6pm

Admission

	Residents	Non-Residents
Infants (2 yrs and under)	Free	Free
Children (3 – 17 yrs)	\$5.25	\$6.25
Adults	\$6.25	\$7.75
Seniors (55 yrs. and up)	\$5.25	\$6.25

*Active or retired military members will receive a \$1 discount with Military ID

** Bedford residents must provide proof of residency with a Driver's License, Military ID, Utility Bill, etc.

Roy Savage Swimming Pool

1200 Central Drive
817-685-0524

Hours of Operation

Monday - Saturday 1 – 5:30pm

Sunday 1pm – 5pm

Admission

Admission at Roy Savage Pool is \$1 per person regardless of age or residency. Roy Savage Pool only accepts cash.

FACILITY *Rentals*

CABANA AND PAVILION RENTALS AT BEDFORD SPLASH

Bedford Splash offers dedicated areas within the confines of the park for you to host a birthday party, reunion, get-together, or simply for your family and friends to have an area devoted solely to you to sit, eat and play. The Cabana seats approximately 40 individuals, while the Pavilion seats approximately 25, and both facilities rent in two-hour time blocks with ten free admittance passes for you or your guests included in the price of the rental. If you expect additional guests beyond the first ten, your rental will also entitle you to a discounted admittance rate of \$4.50 per person. Just leave us your guest list on the day of your rental, and we will take care of the rest. Reservations are made with the BRAC beginning April 18.

Cabana Rentals, \$127

Pavilion Rentals, \$102

Both Facilities require a \$22 non-resident fee for renters outside of Bedford city limits.

PRIVATE PARTY RENTALS AT BEDFORD SPLASH

Rentals include the appropriate number of lifeguards and staff, chairs, concession tables and pavilion areas. All reservations are for a two-hour period, including set-up and clean-up. Reservations are accepted at the BRAC beginning April 18.

Rentals are available on:

Friday and Saturday:

7:15 – 9:15pm

Sunday:

6:15 – 8:15pm

	1-100 Guests	101-200	201-300
No Slides*	\$355	\$385	\$425
Family Slide or Pro Bowl*	\$375	\$405	\$435
Family Slide and Pro Bowl*	\$425	\$455	\$485

*All non-resident rentals require an additional \$22 non-resident fee.

*A refundable \$100 damage deposit is due at the time of the booking for all private rentals.

We want you to have the best possible experience while you enjoy our facility. As your rental approaches, please let us know how we can help to make it even greater. We have a couple of standard options that may assist in your rental planning, but please ask if we can do anything special for your rental.

Tiki Hut Concession Stand	\$25
Additional hour on the end of your rental	Add half of the above rental fee
Each additional group of 40 guests	\$80

PRIVATE PARTY RENTALS AT ROY SAVAGE POOL

Private rentals at Roy Savage Pool are limited to Saturday or Sunday evenings beginning no earlier than 6:30pm. With a maximum capacity of 70 people, Roy Savage Pool is perfect for smaller, more intimate celebrations. Reservations are accepted at the BRAC beginning April 18.

Rentals: \$155 for a two-hour reservation. A refundable \$100 damage deposit is due at the time of the booking for all private rentals.

Splash AQUATICS Special Events

SWIM TEAM SNEAK PEEK

Registered members of the Bedford Surf Swim Team are the very special few who get to be the first to experience Bedford Splash 2016. Join Coach Barton's crew, learn efficiency in a skill you will use for the rest of your life and, as an added bonus, be the first in the water this summer. Team members and their immediate family members are invited.

Fee: **Free with Swim Team registration**

Ages: **All**

Date: **Th, May 19**

Time: **6 – 8pm**

Location: **Splash**

BFIT NIGHT WITH BEDFORD PARKS AND RECREATION

Join Barkley's BFit Challenge and you will receive all the previously listed benefits as well as given the opportunity to learn about many of the BFit opportunities that Bedford Parks and Recreation is proud to host. Joining the campaign is easy - just sign up at Fitocracy.com and search Barkley's BFit Challenge.

Fee: **Free for those registered for Barkley's BFit Challenge**

\$1 per immediate family member of those registered for the BFit Challenge

Ages: **All**

Date: **Friday, May 20**

Time: **6 – 9pm**

Location: **Splash**

BEDFORD SPLASH FAMILY AQUATIC CENTER GRAND OPENING

Happy 14th Birthday, Bedford Splash. Families of Bedford and our surrounding areas have laughed, played, splashed, slid and made 14 years worth of wonderful memories at our water park. Make sure you are one of the first families in line this summer to be part of the next 14 years worth of memories.

Fee: **General Admission**

Ages: **All**

Date: **Saturday, May 21**

Time: **Noon – 7pm**

Location: **Splash**

BOY SCOUTS OF AMERICA AT BEDFORD SPLASH SWIM TEST

Bedford Splash will play host to efficiently and effectively test you and provide tips and tricks to help you pass your BSA swim test. Make a day of it and receive \$1 off general admission when you show your BSA credential sat Noon when the park opens to the public. Open to all Boy Scout/Cub Scouts getting ready to head off to summer camp; however pre-registration with your Scouting Unit is appreciated. Questions may be directed to Troop 253 Scoutmaster Erica Smalls at 817-505-5016.

Fee: **Free**

Ages: **Cub Scout/Boy Scouts**

Instructor: Boy Scouts of America
**leaders, with assistance from Bedford
 Splash Staff**
Date: Friday, June 3
Time: 10am - 11:30am
Location: Splash

SWIMMING MERIT BADGE ACQUISITION

An evening at Splash devoted exclusively to providing Scouts a time and location to acquire their Swimming Merit Badge. Positioned at the end of the summer, this awesome event should allow plenty of time beforehand for Scouts to learn and practice the skills necessary to obtain the Swimming Merit Badge. Make a day of it and receive a discount of \$1 off general admission all day prior to the test-out when you show your BSA credentials. Pre-registration with your Scouting Unit is appreciated. Scouts must bring signed Blue Cards from their units. Questions may be directed to Troop 253 Scoutmaster Erica Smalls at 817-505-5016.

Fee: Free
Ages: Cub Scout/Boy Scouts
Instructor: Boy Scouts of America
**Merit Badge Counselors with
 Bedford Splash Staff**
Date: Th, Aug. 11
Time: 7:15 - 10pm
Location: Splash

FLICK N' FLOAT

Cool off during those hot summer nights and enjoy a PG-rated, family-friendly new release in a special way found only at Bedford Splash. Bring your pool noodles, lifejackets and see-through inflatables and enjoy a movie in a way that will make you think your local cinema has installed a swimming pool. Our giant 16x21-foot movie screen will feature a trio of wonderful movies this season. Admission to the Flick is included in your daily admission, so make a whole day of it by coming early to enjoy the water park, keep your wristbands on and return to relax under the stars. The Tiki Hut Concession Stand will remain open for your convenience, and Bedford Splash will be loaning lifejackets for free, allowing children to Flick N' Float.

Fee: \$5 per person or
**Free with wristband from attendance
 during the day**
Ages: All
Dates:
Friday, June 10 –
Disney Pixar's Inside Out

**Friday, July 8 – R.L. Stein's
 Goosebumps, Starring Jack Black**

**Friday, Aug. 12 – Disney Pixar's A
 Good Dinosaur**
Time: Float starts at 8:30pm
 Flick begins at 9pm
Location: Splash

SPECIAL NEEDS SWIM

Bedford Splash will open its gates, slides and facility exclusively to those with a mental or physical disability, providing an opportunity for those who may not be able to enjoy the typical environment of a busy, loud and active summer day. Available to all those who feel they qualify and can control their own restroom needs, as well as their immediate family members. Hot Dogs will be served free of cost and sponsored by the Clubhouse for Special Needs.

Fee: Free to those eligible
Ages: All
Date: Sunday, June 12
Time: 6:30pm – 9pm
Location: Bedford Splash Family
 Aquatic Center

FATHER'S DAY

Father's will receive \$1 off the price of a Bedford Resident, whether they are residents or not, when they are accompanied by their child or children.

Date: Sunday, June 19
Time: Noon – 6pm
Location: Bedford Splash Family
 Aquatic Center

WORLD'S LARGEST SWIM LESSON

Join the effort to break the Guinness World Record attempt for the World's Largest Swim Lesson.

The record was set in the attempt in 2015, and once again Bedford Splash wants to remain in the record book as we team up with hundreds of other locations around the world. The record attempt begins precisely at 10am and all participants must be registered prior to the event. Register to save time at the BRAC or arrive early to register on-site.

Fee: Free
Ages: Children
Date: Friday, June 24
Time: 9:30am
Location: Splash

4TH OF JULY

Take advantage of the proximity of Bedford Splash to the rest of the party as the City of Bedford's annual 4th of July celebration returns to the beautifully-renovated Boys Ranch Park this year. Be prepared because guests who leave cannot be readmitted without waiting in line, and be sure to arrive early as capacity of the facility will be reached, at which point guests will be admitted on one-out/one-in basis. Use technology to your advantage by following Bedford Parks and Recreation's Twitter account to get live updates on wait times as well as other important information needing to be passed on.

Fee: \$6 per Adult
 \$5 per Child
Ages: All
Date: Monday, July 4
Time: Noon - 7pm
Location: Splash

SEASON PASS HOLDER APPRECIATION NIGHT

An evening intended to say thank you to our most loyal visitors and their friends. All members on the season pass are welcome to bring one friend per person on the pass and the Tiki Hut Concession Stand will stay open offering discounts on select concession items.

Fee: Free with Season Pass
Ages: All
Date: Sunday, July 24
Time: 6:30pm – 9pm
Location: Bedford Splash Family
 Aquatic Center

DJ NIGHT SWIM

Come help us celebrate the nearing end of the summer with one last big party. Attend for an evening of fun, games and prizes with a DJ playing the latest music accompanied by a light show over the pool water.

Fee: \$5
Ages: All
Date: Monday, Aug. 8
Time: 7:30pm – 10pm
Location: Bedford Splash Family
 Aquatic Center

DOG SPLASH/2K-NINE

Start your Saturday morning with a nice walk around the beautifully-renovated Boys Ranch Park with your furry family members in stride. Afterwards, give yourself and your companions a chance to cool off and strut their stuff at Dog Splash. The final event to the Dog Days of Summer, the annual Dog Splash and 2K-Nine welcomes your favorite four-legged family members to Boys Ranch Park and Bedford Splash. 2016 will feature some new contests for your dogs to participate in, as well as some of the favorite classics such as the leaping and retrieving contests. Dogs must have proof of current rabies shots at time of registration. Pre-registration will cut off at 5pm on Friday, Sept. 9 at the BRAC. Dogs participating in either activity will receive a courtesy doggie-bag.

Fee: \$5 per Dog at Dog
 Splash, owners get in free
 \$10 for 2K-Nine
 \$12 for Combo

Package

Ages: All
Date: Saturday, Sept. 10
Time: 2K-Nine begins at 9am
 Dog Splash
 9:30am - 12:30pm
Location: Splash

BFIT AQUATIC CLASSES & FITNESS

LIFEGUARD COURSE

American Red Cross Lifeguard certifications are used globally to ensure properly-trained lifeguards, and those looking to gain employment with the City of Bedford are required to be certified as American Red Cross Lifeguards. The City of Bedford is looking for individuals to fill both our lifeguard vacancies as well as our Lifeguard Course. Our lifeguard course will provide quality instruction to our students with up-to-date equipment, education and resources. Those registered for our course and unsure about their swimming abilities are invited to participate in an optional day beforehand to practice the skills necessary to pass the course pre-requisite and receive tips and tricks on easier ways to proceed. If after that point participants feel lifeguarding is not for them, they remain eligible to receive a full refund of the course fee. Prior to the course beginning, students will receive a course syllabus detailing course locations and each day's activities. Registrations are being accepted now at the BRAC.

Fee: \$230
Ages: 15 and Up
Instructor: Staff
Dates: Weeknights
 April 25 - May 2
Time: 5 - 9pm
Location: BRAC/Splash/
 Roy Savage

LEARN TO SWIM 'N SPLASH SWIM LESSONS

Sadly, 65 children in the State of Texas drowned in the summer of 2015, and 24 of those were in North Texas. Drowning deaths are completely avoidable, so please do yourself a favor and verify that those you love are enrolled in a swim lesson program. Our new lessons not only come with a fancy new name, but are also accompanied with an improved curriculum as well. Our swimming lessons will feature smaller class sizes and more training invested into the class instructors. Our lessons meet for two weeks, Monday through Thursday, with Friday used in cases of poor weather. Learn to Swim 'N Splash curriculum is intended for children three yrs. and up, who can be unaccompanied by their parent. Registration opens April 11 at the BRAC.

LEVEL ASSESSMENT

Is your child comfortable in the water, can fully submerge their head, as well as float on their front and back?

If Yes, Continue | If No, Guppy

Can your child retrieve underwater object with eyes open, glide on top of the water with coordinated arm movement and breath control?

If Yes, Continue | If No, Stingray

Can your child demonstrate strong skill in freestyle and backstroke as well as fair to good ability to tread water unassisted?

If Yes, Continue to Bedford Surf Swim Team | If No, Dolphin

GUPPY

Classes in this level will encourage children to become comfortable in the water without a parent, as well as enhance their learning of basic buoyancy and locomotion with interactive games. In this level, children will learn to submerge, blow bubbles, and float along with basic leg and arm movements. Intended for children roughly 3-5 yrs.

STINGRAY

In this class, children will be taught how to propel themselves through water with coordinated kicking and arm actions, adding rhythmic breathing into the freestyle. Intended for children roughly 5-8 yrs. who have had prior experience in the water and swim lessons.

DOLPHIN

In this class, participants will begin developing and enhancing all four strokes including rhythmic breathing for each. Intended for children roughly 9-13 yrs. who can float independently on their front and back, as well as can demonstrate forward locomotion while floating.

Each level has class openings in all the time slots listed below. However, availability for each level is limited, so sign up early to guarantee your child is registered in the Level/Session/Time that best fits your schedule.

Fee: \$57 for Residents; \$62 for Non-Residents*

Ages: Starting Around 3 and Up

Instructor: Staff
Dates: Monday - Thursday
Times: 9 - 9:40am

9:50 - 10:30am
 10:40 - 11:20am

Location: Splash

Session 1: June 6 - 17

Session 2: June 20 - July 1

Session 3: July 11 - July 22

Session 4: July 25 - Aug. 5

*Discounts available for children enrolled into Summer Day Camp during this week.

PRIVATE SWIM LESSONS

A one-on-one instruction customized for each client, based on age, ability and comfort level in the water. After registration, we will contact you to learn more about your goals, schedule and ability in the water. We will then pair you up with the instructor that best fits your needs. Lessons will be arranged around your schedule and participants can meet at both Bedford Splash and Roy Savage Pool. Private swim lesson schedule will consist of eight 30-minute classes, and registration at the

BRAC begins on May 23.

Fee: \$257
Ages: All
Instructor: Staff
Location: Splash and/or
 Roy Savage

BEDFORD SURF SWIM TEAM

Bedford Surf Swim Team welcomes the opportunity to provide instruction and opportunities to your child and/or yourself. Returning to the bulkhead for year two, Coach Jesse Barton is ready to be that mentor, and optimism around the program is at an all-time high. Swimmers will practice evenings Monday through Thursday and compete in three or four weekend circuit meets as well as the Regional Championships at the end of the season. Swimmers with qualifying times will then have the opportunity to represent Bedford at the State Games of Texas this year in McAllen on July 28 through the 31. Registration opens at the BRAC on Saturday, April 23.

Fee: \$127
Ages: 5 and Up*
Instructor: Coach Jesse Barton
Dates: Monday - Thursday
Date: Practices begin May 9
Times: 7:15 - 9:15pm
Location: Splash

*Rookie swim team members must first pass a try-out consisting of swimming the length of the swimming pool (25 yards) unassisted using the freestyle demonstrating rotary breathing.

50 AND BETTER WATER AEROBICS

With the buoyancy of the water supporting your body while reducing the stress on your joints, this class is perfect for those looking for a low-impact workout as well as those who suffer from body/joint pain or arthritis. Class will focus on increasing the body's range of motion, increasing flexibility and strengthening muscles. Register with the BRAC beginning April 18.

Fee: \$10 per session
Ages: Around 50 yrs. and up
Instructor: Millie Park
Dates: Monday, Wednesday, and Friday
Times: 10am - 11am
Location: Roy Savage Swimming Pool
Session 1: June 1 - 29
Session 2: July 1 - July 29
Session 3: Aug. 1 - Aug. 19

AQUATIC BOOT CAMP

Not your casual jog around the park here. Join us for a 45-minute, high-octane, muscle building, fat blasting class; a perfect complement to your regular fitness routine. Bedford Boys Ranch's Personal Trainer, Jeremy Florey, will take you on a wild ride with your health and fitness as his goal. Aquatic Boot Camp uses the buoyancy of the

water to lift your weight off your joints and bones, allowing you to experience a range of motion and muscle groups only accessed with pool training. Adaptable for swimmers ranging from beginner to advanced, this Boot Camp is intended for all fitness levels. Register with the BRAC beginning April 25.

Fee: \$10 per class
Ages: 16 yrs. and up
Instructor: Jeremy Florey
Dates: Begins May 14
Days: Saturdays
Times: 8:45 – 9:30am
Location: Roy Savage

BFIT WITH WATER WALKING AND LAP SWIM

No groups, no programs, no leaders; BFIT using your own instruction. Water Walking provides an opportunity to use the water resistance provided by the lazy river at Bedford Splash to improve muscle tone and increase cardiovascular fitness. Combine Water Walking with traditional lap swim, and you have a winning workout all summer long. Register at the BRAC beginning May 2, with the first available day Tuesday, May 31.

Fee: Month Purchased
Individual
May – July 4
\$52
July 5 – Aug. 18
\$32
Ages: All
Days: M – Th (Water Walking)
 Saturday (Lap Swim)
Times: 9 – 11:30am
 (Water Walking)
 9:30 – 11:30am
 (Lap Swim)
Location: Splash

OFF THE DEEP END AQUATIC FITNESS

Bedford Parks and Recreation is happy to announce our new partnership to provide a high quality aquatic fitness regimen. Under the leadership of Linda Burbank, Off The Deep End Aquatics provides great opportunities to experience fitness classes with the benefits of buoyancy and a low-impact environment. No excuses not to BFIT this summer. Try your first class for free.

WATER AEROBICS

An all-of-the-above approach, this class includes cardio, strength, abs, arms and legs. Water Aerobics provides a complete workout without the stress on your joints. Register with the BRAC beginning May 2.

Fee: \$37 per session
Ages: 12 and up
Instructor: Off The Deep End Aquatics
Days: M & W
Times: 6pm – 6:50pm

Location: Roy Savage
Session 1: June 1 – 29
Session 2: July 6 - July 27
Session 3: Aug. 1 – Aug. 31
Session 4: Sept. 7 – Sept. 28

DEEP WATER AEROBICS

All the benefits of Water Aerobics with one big added challenge...balance. Deep Water Aerobics is conducted while sitting atop a pool noodle, which is provided for your convenience. Register with the BRAC beginning May 2.

Fee: \$37 per session
Ages: 12 and up
Instructor: Off The Deep End Aquatics

Days: T & Th
Times: 6 – 6:50pm
Location: Roy Savage
Session 1: June 2 – 30
Session 2: July 5 - July 28
Session 3: Aug. 2 – Aug. 30
Session 4: Sept. 1 – Sept. 29

H2O FIT/AQUA PILATES

Interval and strength workout combined with Pilates core training. Flexibility, balance and posture are all enhanced in this class. Register with the BRAC beginning May 2.

Fee: \$37 per session
Ages: 12 and up
Instructor: Off The Deep End Aquatics

Days: T and Th
Times: 7pm – 7:50pm
Location: Roy Savage
Session 1: June 2 – 30
Session 2: July 5 - July 28
Session 3: Aug. 2 – Aug. 30
Session 4: Sept. 1 – Sept. 29

AQUA TABATA

Join the latest trend in fitness: high intensity intervals with minimal choreography providing maximum results. Originally designed for the Japanese Speed Skating team, Tabata has evolved to be a perfect complement to anyone's fitness routine. Register with the BRAC beginning May 2.

Fee: \$37 per session
Ages: 12 and up
Instructor: Off The Deep End Aquatics

Days: Monday and Wednesday
Times: 7– 7:50pm
Location: Roy Savage Swimming Pool
Session 1: June 1 – 29
Session 2: July 6 - July 27
Session 3: Aug. 1 – Aug. 31
Session 4: Sept. 7 – Sept. 28

AQUA PILATES

Join this fun class and enjoy the benefits of Pilates in the comfort of the water. Strengthen your core muscles and enhance your balance and posture. Register with the BRAC, beginning May 2.

Fee: \$26 per session
Ages: 12 and up
Instructor: Off The Deep End Aquatics
Days: Saturday
Times: 8:30am – 9:25am
Location: Splash
Session 1: June 4 – 25
Session 2: July 2 - July 30
Session 3: Aug. 6 – Aug. 27
Session 4: Sept. 3 – Sept. 24 (@Roy Savage)

RIVER ROBICS

Take advantage of our river that is anything but lazy. Build strength and endurance as you use your muscles to go with and against the current. Register with the BRAC, beginning May 2.

Fee: \$26 per session
Ages: 12 and up
Instructor: Off The Deep End Aquatics
Days: Saturday
Times: 9:30 – 10:25am
Location: Splash
Session 1: June 4 – 25
Session 2: July 2 - July 30
Session 3: Aug. 6 – Aug. 27

MIX AND MATCH SPECIAL

Choose your two favorite Off The Deep End Aquatics weekday classes for \$64 per session. Choose both Saturday morning classes for \$42 per session.

PADDLEBOARD YOGA

Stand Up Paddleboard (SUP) Yoga is the latest craze in the yoga world, and with all new and great things we want Bedford to experience it too. Teaming with DFW Surf and their team of master yoga instructors, experience a unique perspective on a classic fitness routine. Register early for these 55-minute Yoga classes, because we can only have four opportunities, and class size is limited to the first ten registered for each. Register with the BRAC, beginning May 2.

Fee: \$27 per class
Ages: 16 and up
Instructor: DFW Surf
Dates: Th, May 26, & 2nd TBD
Times: 6:30pm
 7:30pm
Location: Roy Savage
Capacity: 10 per Class

Athletics

COUCH TO 5K

Get off your couch and BFIT with our introduction to running class. Joining with the Mid-Cities Running Club, our program will gradually build running stamina and strength over the course of a nine-week program, and have you prepared to enter and run a 5K at the completion. A t-shirt and a water bottle are included with the cost of your registration. Register with the BRAC, beginning April 25.

Fee: \$32*
Ages: 14 and Up
Instructor: Mid-Cities Running Club
Days: W
Date: June 8
Times: 6:45 – 7:45pm
Location: Boys Ranch Park

5K TO 10K

Building on ground you gained in your Couch to 5K program, our 5K to 10K will challenge you to take the next step. Improve your endurance, stamina, and strength while taking a healthy living lifestyle one step further, literally. Register with the BRAC, beginning May 2.

Fee: \$32*
Ages: 14 and Up
Instructor: Mid-Cities Running Club
Days: Wednesday
Date: June 8
Times: 6:45 – 7:45pm
Location: Boys Ranch Park

*Returning participants not wanting a second t-shirt and water bottle can receive discount

WILDER TENNIS ACADEMY

Learn the game of tennis from one of the sport's bests. During his career spanning over 30 years, Val Wilder has participated in the Wimbledon, French and U.S. Opens; in addition he has been ranked as a Top 100 ATP player in the world. Val welcomes the opportunity to teach from his vast knowledge and experiences, and wants to provide your children and yourself quality instruction.

Quick Start: Participants will learn basic stroke production, proper movement and play games. Quick Start is designed for children age 5 to 10 to get familiarized with the game of tennis, and a great way to get excited about tennis. Registration is open now with the BRAC.

Fee: \$61 per week
Ages: 5-10 yrs.
Instructor: Val Wilder USPTA / USRSA
Days: M – F
Times: 8 – 9am
Location: Boys Ranch Park Tennis Center
Dates: June 6 – Aug. 12

Beginners-Advanced Beginners: At this level, participants will learn advanced strokes, strategies and spin, designed for Elementary, Junior High and High School students who already have a basic knowledge of the game. This class also features some conditioning and Match Play. Register is open now with the BRAC.

Fee: \$61 per week
Ages: 8-15 yrs.
Instructor: Val Wilder USPTA / USRSA
Days: Monday – Friday
Times: 8 – 9am
Location: Boys Ranch Park Tennis Center
Dates: June 6 – Aug. 12

Intermediate: This program emphasizes on advanced strategy, practice, conditioning, agility skills, as well as Match Play. Designed as a lead into tournament play, participants will be educated and informed about all information regarding tournament rules and regulations. Register is open now with the BRAC.

Fee: \$61 per week
mornings; \$71 per week evenings
Ages: 10-18 yrs.
Instructor: Val Wilder USPTA / USRSA
Days: Monday – Friday
Times: 9 – 10am
6 – 7:30pm
Location: Boys Ranch Park Tennis Center
Dates: June 6 – Aug. 12

Adults: Tennis instruction including proper grips, footwork and conventional techniques for ground strokes, net play and serves. Participants will learn basic court positioning and how to keep score in a tennis match. Register is open now with the BRAC.

Fee: \$121 per month or \$22 drop-in
Instructor: Val Wilder USPTA / USRSA
Days: M & W
Times: 7 – 8:30pm
Location: Boys Ranch Park Tennis Center
Dates: June 6 – Aug. 12

Athletic Camps

BRITISH SOCCER CAMP

Chelsea, Manchester United, Liverpool, the list of British Football Club's goes on, but they all share one common similarity...greatness. Bedford is set to host a British Soccer Camp this summer and happy to provide local Bedford area youth a chance to learn from a history of great soccer play. All staff members at our camp have been selected and trained in the UK exclusively to work in your child's camp. Camp staff has a genuine interest in helping with each player's development and providing memorable and positive experiences.

Dates: June 6 – 10

FIRST KICKS

At this level, young players are introduced to game basics through fundamental activities, games, and fun soccer challenges. Intended for children ages 3-4, this camp will meet one hour a day for five days (parents welcome). Register online at www.challengersports.com by April, 22 and receive a free replica soccer jersey.

Fee: \$95
Ages: 3-4
Instructor: British Soccer Coaches
Days: M – F
Times: 10 – 11am
Location: Boys Ranch Park Soccer Complex

MINI SOCCER

This level features fun games, competitions and skill-building activities designed to enlighten and develop players. Intended for children ages 5-6, this camp meets for one-and-a-half hours a day for five days. Register online at www.challengersports.com by April, 22 and receive a free replica soccer jersey.

Fee: \$107
Ages: 5-6
Instructor: British Soccer Coaches
Days: M – F
Times: 8:30 – 10:30am
Location: Boys Ranch Park Soccer Complex

HALF DAY

At the level, emphasis is on skill development and mastery of core techniques through individual, small group practices, and coached games. Intended for children ages 6-16, this camp meets for three hours a day for five days. Register online at www.challengersports.com by April, 22 and receive a free replica soccer jersey.

Fee: \$141
Ages: 7-16
Instructor: British Soccer Coaches
Days: Monday – Friday
Times: 8:30 – 11:30am
Location: Boys Ranch Park Soccer Complex

JUNIOR LIFEGUARD CAMP

Think all lifeguards do is twirl a whistle, work on their tan, and shout "WALK" at your kids... well sign your child up and find out first hand. Our lifeguard camp does not follow the typical curriculum of other Junior Lifeguard programs. Here, youth will be trained on skills such as First Aid, CPR, rescue skills, and other lifeguard specific skills. Our camp also includes physical training, aimed at not only passing, but excelling at the pre-requisites of the Lifeguard Course; think of it as a Lifeguard in Training Camp. As an added bonus, campers will actually go out on rotation with a certified lifeguard and guard the swimmers at Bedford Splash. Register with the BRAC, beginning May 2.

Fee: \$100*
Ages: 11-14
Instructor: Staff
Days: M – F
Date: July 25 – July 29
Times: 10am – 3pm
Location: Splash

*Discounts available for participants enrolled into Summer Day Camp during this week.

MONCRIEF STEP UP YOUR GAME BASKETBALL CAMP

Sidney Moncrief, a five-time NBA All-Star and twice named NBA Defensive Player of the Year is bringing his basketball expertise to Bedford for the first time. Step Up Your Game will not only provide basketball drills and skills from a Hall of Fame caliber former player, but will also focus on providing youth with a skill-set of values that will take them further than basketball can. Step Up Your Game consist of Basketball, Nutrition and Personal Skills components such as the value of a smile, listening, communication, and goal setting, to name a few. No teen camp workers here, Moncrief Basketball Camp staff consists of only adults with prior coaching experience ranging from 10 to 30 years. Register with the BRAC, beginning May 23.

Fee: \$60*
Ages: 6 – 12
Instructor: Moncrief Step Up Your Game
Days: M - Thu
Dates: July 11 - 14
Times: 1 – 4pm
Location: BRAC

*Discounts available for participants enrolled into Summer Day Camp during this week.

WILDER SUMMER TENNIS CAMP

A three-time #1 World Ranked Player in his age group, Val Wilder wants to provide quality tennis instruction to your children, based on a career lasting over 30 years. From teaching basic grips and footwork, to advanced game strategy, Wilder Tennis Academy has lessons based for all ages and all skill levels.

Fee: \$141*
Ages: 5-15
Instructor: Val Wilder and Staff
Days: Monday – Friday
Dates: June 6 – 10
Times: 9am - 12pm
Location: Boys Ranch Park Tennis Center

*Discounts available for participants enrolled into Summer Day Camp during this week.

Instructional Classes

The BRAC hosts a variety of specialized instructional classes throughout the year. Call 817-952-2323 to inquire on when the next offerings will be.

ADULT FIRST AID, CPR, AND AED TRAINING

This class will help participants recognize and respond appropriately to adult specific cardiac, breathing and first aid emergencies. Using the curriculum of the American Red Cross, this class will use hands-on demonstrations to teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Register with the BRAC at least three days prior to the class.

Fee: \$70
Ages: 14 and Up | **Instructor:** Staff
Dates: May 10 | May 24 | June 18

BABYSITTER'S TRAINING PLUS PEDIATRIC FIRST AID/CPR

Become a young entrepreneur by starting your very own babysitting business. Step one, obtain proper training. This class includes discussions, readings, demonstrations, group activities and skill sessions with a partner and manikins, designed to give participants the skills needed to be safe, responsible and successful babysitters. Because the BRAC is committed to providing the best possible service, our class also will include two bonus certifications, Pediatric First Aid and Pediatric CPR. Register with the BRAC at least three days prior to the class.

Fee: \$70
Ages: 11 – 14 | **Instructor:** Staff



ADULT AND PEDIATRIC FIRST AID, CPR, AND AED TRAINING

This course will help participants recognize and respond appropriately to adult and pediatric emergencies. The course includes in-depth hands-on training with size appropriate manikins, as well as group activities designed to teach you all the necessary skills needed to provide care while awaiting more advanced emergency personnel to arrive. Register with the BRAC at least three days prior to the class.

Fee: \$70
Ages: 11 – 14 | **Instructor:** Staff
Dates: June 4 | July 16 | Aug. 6

PET FIRST AID

This cat and dog based first aid class is designed to teach participants how to be prepared for emergencies that involve your furry family members. Topics include how to protect yourself and the animal from further harm, injury or suffering during emergencies by teaching prompt, effective first aid actions and care. Register with the BRAC at least three days prior to the class.

Fee: \$70 | **Ages:** 11 – 14
Instructor: Staff

AMERICAN RED CROSS INSTRUCTOR'S COURSE

Consider being the teacher, and not the student. This course provides the instruction you need to learn, to be an American Red Cross First Aid, CPR, and AED instructor, branch out on your own and teach for the American Red Cross. Register with the BRAC at least one week prior to the class.

Fee: \$255 | **Ages:** 18 and Up
Instructor: Staff



Parks Administration

**2140 L. Don Dodson
Bedford, TX 76021
817-952-2300**

Don Henderson , Parks Superintendent

Boys Ranch Activity Center (BRAC)

**2801 Forest Ridge
Bedford, TX 76021
817-952-2323**

Eric Valdez , Community Services Manager

The Parks Division is responsible for the maintenance of the City's parks and open spaces. Parks must be kept in a clean, safe, and aesthetically pleasing condition in order to provide an enjoyable experience for the patron. The Parks staff is responsible for the maintenance of parks, medians, and selected City facilities. The landscaping of medians and park entrances is necessary to provide a favorable and lasting impression of the City of Bedford by residents and visitors. The facilities under Parks' direct care require maintenance in many areas including, but not limited to, building repairs, irrigation, electric, plumbing, woodwork, light bulb changes, etc. Parks oversees city tree-trimming when branches are protruding into streets, causing damage to fire trucks and high profile vehicles. Dead trees in the city rights-of-way must also be removed. Other program areas include chemical application for weeds, insects, and fertilization; inspection of playgrounds; maintenance of pools; preparation and maintenance of athletic fields; repairs and inspections of tennis courts, etc. City medians, once constructed, are maintained by parks staff in all areas with the exception of mowing, which is contracted out. This includes plant replacement and care, weeding, irrigation and lighting.

Boys Ranch Park & Activity Center

2801 Forest Ridge Dr.

This 68-acre city park is the jewel of the Bedford Parks system. The park has a small urban lake with a spray fountain, a 4/10th of a mile jogging path around the lake, three youth baseball fields, three youth soccer fields, two sand volleyball courts, 6 lighted recreational tennis courts and the home of Bedford's "Splash", a premier aquatic facility. The "BRAC" offers classrooms for rental use, a fitness room, restroom and shower facility, and a game room. In addition, there are picnic tables, grills, two practice soccer / baseball fields and three covered pavilions. Other features include security lighting around the lake, a physically challenged playground, a swing set by the large pavilion, fencing around the soccer fields, a roller hockey court and a fishing pier.



Brook Hollow Park

600 Block of Rankin

This 9-acre park in Southwest Bedford is home to physically challenged playground equipment, a large open space, practice soccer field and picnic areas. Features include security lighting and 3 water fountains.

Monterrey Park

1000 Block of Monterrey

This small 1/2 acre residential park in South Bedford, located just North of Pipeline RD., has a small play structure/equipment, picnic areas and plenty of shade.

Central Park / Pool

1200 Central Drive

Wooded area, houses and Pennington Stadium surround this small 5-acre community park. There are picnic tables with grills, a physically challenged playground, a small covered pavilion and one sand volleyball court. Features include security lighting and a water fountain.

Stormie Jones Park

2500 Block of Brasher

Wooded areas & houses surround the 13 acres of this secluded community park. Some of the features of this park include a 1/2 mile walking / jogging trail that is within the boundaries of the park, an exercise unit, picnic areas, restrooms and plenty of trees. This park is also the home of our two "premier" lighted soccer fields. Features include one small pavilion, one volleyball court, security lighting and three water fountains.

6,7,8. East End Trail Park /

Bedford Trails /

(Harris Ryals Park / Linear Park)

This 32-acre linear park, which follows the T.U. easement in Northeast Bedford, has a 1 - 1/2 mile jogging / walking trail, playground equipment, shaded areas and a physically challenged playground. Features include water fountains, a swing set, security lighting and a large pavilion.

Meadow Park Athletic Complex

3200 Meadow Park

This 11-acre park features two 300-foot softball fields with lights, electronic scoreboards, and two youth soccer fields. Other features include two covered awnings, the Parks Department's Tree Farm, fencing around the soccer field and windscreens for outfield fencing. Now the host of the Bedford Park Bark.

Carousel Park

1100 Simpson Terrace

This 1 acre community park has plenty of shade trees, a physically challenged playground and several play structures/equipment.

FACILITY RENTAL INFORMATION

General

- Full payment (deposit & rental fee) is due at the time of booking
- One-Week notice is required for all rentals
- Non Bedford residents must add \$22.00 to total fee on all rentals

Hockey / Indoor Soccer Rink

Lighting	Pricing (No Deposit)
Rink w/o lights	\$17/Hour
Rink w/ lights	\$22/Hour

Pavilions

In front of the BRAC there is a large covered pavilion (Corporate pavilion) that can be reserved and holds about 200 people. There are 2 grills, a fire pit, and 8 electrical outlets. This pavilion's rental times are from 9AM – 3PM or 4PM – 10PM.

Pavilion	Pricing (\$100.00 Deposit)
Corporate Pavilion	\$122 per 6 hours
Central Pavilion	\$77 per 6 hours

In addition to this we have a medium sized pavilion with a grill, located near the pond. There is also a smaller pavilion located throughout the park that seats about 15 – 20 people. These two pavilions are not for rent and are taken on a first come first serve basis.



EAT.



SHOP.



STAY.



10% OFF

Bring in the coupon in and receive 10% off when you place your order. Valid thru 8/31/16

Trophies & More

505 N. Industrial Blvd., Ste. 500, 76021
817.571.7417 | trophiesnmoredfw.com

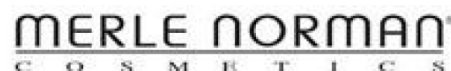


10% OFF of Any Facial for New Clients

Call 817.907.1582 to schedule your appointment today.
Dawn Coop, Onwer, Esthetician. Valid thru 8/31/16

Simply Smooth Skin Therapy

1101-A Bedford Road, 76022
817.907.1582 | simplysmoothskintherapy.com



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Merle Norman of Bedford

1420 Airport Freeway, 76022
817.283.3979



65 min. \$49.00
817-358-9757

1944 BEDFORD RD. SUITE 200 BEDFORD TX, 76021

65 Minute Massage \$49 First Visit

First Visit. One coupon per customer. Valid thru 8/31/16

Trees Bodyworks

1944 Bedford Road, Ste. 200, 76021
817.358.9757 | treesbodyworks.com



10% OFF
Total Purchase
First Time
Customers

Centrally located in Bedford in Harwood Hills Village Shopping Center at Hwy 121 and Harwood Road. Valid thru 8/31/16

Wigit Boutique, Inc.

3214 Harwood Rd., 76021
817.864.9447 | wigitboutique.com



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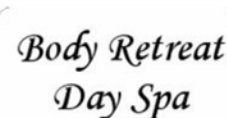


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DFW Shooting Sports

105 Bedford Road, 76022
817.285.0664 | dfwshootingsports.com

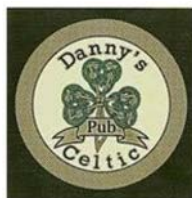


**Gateway Spa
Package Special**
\$99, Regular \$345

Includes: 1 hour Aromatherapy Massage, 1 hour customized facial & 1 hour hydrating body wrap. Expires on 9/30/16

Body Retreat Day Spa

2905 Brown Trail, Ste. B, 76021
817.656.4555 | bodyretreatspa.com



**20% OFF
FOOD**

20% off food
11am till 3pm,
15% off food anytime.
Valid thru 8/31/16

Danny's Celtic Pub

2824 Central Drive, Ste. 301, 76021
817.571.9999 | dannyscelticpub.com



50% OFF Registration Fee

First time students only. Valid thru 8/31/16
Visit the website to find out how to help your child excel in school and in life.

Kumon Math & Reading Center

3225 Harwood Rd., Ste. A, 76021
817.786.4722 | kumon.com/bedford



**New Customer
Special!**

Bring this coupon to the store and get \$5 off any one item in the store (up to half of the original price of the item). Limit one coupon per customer. Valid thru 8/31/16

Generation X Comics & Games

3504 Harwood Rd., Ste. 304, 76021
817.540.5556 | facebook.com/Gen.X.Comics.Games



Sunday thru Thursday 11:00am-9:00pm • Friday: 11:00am-10:00pm • Saturday: 4:00pm-10:00pm
Ph: (817) 318-6664 • Fax: (817) 358-3953
E-mail: Katherine@cafesicilia.com • Website: www.cafesicilia.com B.Y.O.B.

FREE APPETIZER

Purchase a large special pizza and get a free appetizer. Dine in only. Not combinable with any other offer. One coupon per table. Valid thru 12/31/16

Café Sicilia

1548 Bedford Rd., 76021 | 817.318.6664
817.283.5399 | cafesicilia.com



Specials:

- 10% OFF an oil changes for Seniors, police officers, firefighters, etc.
 - 49.99* oil change and state inspection.
 - 15% OFF on any labor above \$150.
- Valid thru 8/31/16

JD Garage Auto Repair & Tires

201 Bedford Rd., 76022
682.738.3636 | jdgaraageauto.com



20% OFF
Single Item
Valid thru 12/31/16

That's Haute! Kids

3700 Cheek Sparger, #130, 76021
817.545.2559 | thatshautekids.com



50% OFF

Mimi Green Hand Made Collars & Leashes when combined with Boarding or Play Day stay; or

10% OFF

a New Client Reservation (excludes grooming)
Valid thru 8/31/16

Camp Bedford Pet Resort

Boarding | Dog Play Day | Grooming | Vaccinations
1953 Bedford Rd., 76021
817.565.2135 | campbedfordpetresort.com



10% Discount Offered on Products and/or Repair Services at Our Facility

Come in for a FREE Express Makeover using products that are made in the USA! Valid thru 8/31/16

Meena Medical Equipment, Inc.

1905 Bedford Rd., Ste. 100
817.283.1640 | meenamedical.com



15% OFF
Entire Purchase

Cannot be combined with other offers.
Valid thru 8/31/16

Bedford Farmers Market

2824 Brown Trail, 76021
817.358.9510 | bedfordfarmersmkt.com



FREE Mini Bag of Popcorn

with purchase of small bag. Excludes chocolate flavors. We accept all competitor's coupons. Expires 9/15/16

What's Poppin Texas

M-W 10-6 | Th & Fr 10-6:30 | Sat 10-5
2816 Central Dr. #125
817.524.1841 | WhatsPoppinTexas.com



30% OFF

Regular price \$300, SALE price \$210
Try the most innovating wrinkle-reducer: Microneedling.
Service requires an appointment, first come first serve basis.
Valid thru 8/31/16.

Medica Med Spa

2406 Bedford Rd., 76021 | 817.508.0400



15% OFF
With Coupon
Valid thru 12/31/16

Gray Wolf Promotions, Inc.

2900 Hwy 121, Ste. 175, 76021
817.868.9653 | graywolfpromotions.com



"Buyers Choice"

either \$3 off
purchase of \$15 or
more or 20% OFF
of entire purchase.

Harley's Angels

1327 Brown Trail, Ste. C, 76022
817.845.1852 | harleysangelsresale.com



BUY ONE, GET ONE FREE!

Lunch or Dinner Menu Item.
Not valid with any other offer.
One coupon per customer.
Valid thru 12/31/16
"Family Friendly
Live Entertainment"

Upright Café

3508 Harwood Rd., Ste. 218, 76021
682.325.4250 | uprightcafe.com



\$25 Exam & X-rays

Includes FREE cleaning for Children 7 & under for cash patients (\$159 value). Some restrictions apply.
Valid thru 5/31/16. Find additional specials on our website.

Nirvana Dental

3704 Cheek Sparger, Ste. 100, 76021
682.703.0101 | nirvanadental.com



10% OFF Any Quilt

Order any custom-made keepsake t-shirt quilt & receive 10% off. Mention coupon at time of order.
Valid thru 8/31/16

RunnersQuilts.com

1229 Royal Crescent Dr., 76021
817.371.1227 | runnersquilts.com



\$199

NEW PATIENT PACKAGE (\$541 VALUE)

Includes comprehensive exam, full series xrays, cleaning, fluoride treatment, home care supplies & take home whitening. Patients with periodontal disease may not be eligible. Not valid for patients with insurance. Valid thru 8/31/16.

Dr. Marea White DDS

2117 Central Drive, Ste. 100, 76021
817.283.0047 | mareawhitedds.com



SILVER DOLLAR WINERY

10% OFF Entire Purchase
Winery located in the heart of Bedford

Silver Dollar Winery

1937 Bedford Rd., 76021
817.868.9653 | silverdollarwinery.com

City of Bedford Magazine

2000 Forest Ridge Drive
Bedford, TX 76021

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76021
PERMIT NO.3

ECRWSS

*****ECRWSS *****
Postal Customer



Important City Phone Numbers

Police & Fire Emergency
911

Police Non-Emergency
817.952.2127

Fire Non-Emergency
817.952.2500

City Hall
817.952.2100

Animal Control
817.952.2191

Boys Ranch Activity Center
817.952.2323

Parks & Recreation Hotline
817.952.2314

Water Billing & Birth Certificates
817.952.2112

Municipal Court
817.952.2150

Code Compliance
817.952.2640

Public Works
817.952.2200

Building Permits
817.952.2140



Important Websites

BedfordTX.gov Find out about the latest events & news pertaining to the City of Bedford

BedfordFUN.com Stay up to date with events & classes at the Boys Ranch Park & Activity Center & Splash Waterpark.

OldBedfordSchool.com For booking meeting spaces, weddings, birthdays & other events, use Old Bedford School as your destination location.

ShopBedfordFirst.com Keep it local & shop in your town. Businesses update their discounts and promotions on a regular basis. If you are a business, you can register for FREE!

Bedford Library.org See what new events are scheduled at the library for the entire family or just browse and search for books, including e-books and movies that interest you. You can also renew materials and see when your items are due.